

Mount Carmel Fitness & Health Center

Lewis Center, Ohio

Tarek Birkdar
Mechanical Option
Dr. Treado



Mount Carmel Fitness & Health Center

Lewis Center, Ohio

Building Overview

General Information

Design Team

Existing Mechanical System

Energy Consumption & Emissions

Proposal & Goals

Mechanical Depth

Acoustical Breadth

Conclusion



7100 Graphics Way
Lewis Center
OH, 43035

129,622
S.F.
3 Stories



\$11,000,000

September 2014 –
January 2016



Aquatic Center

Welcome Center



Mount Carmel Fitness & Health Center

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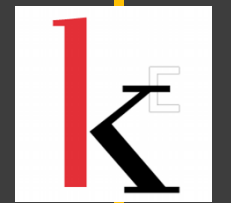
Conclusion

Clinical Architect



General Contractor

MEP Engineering

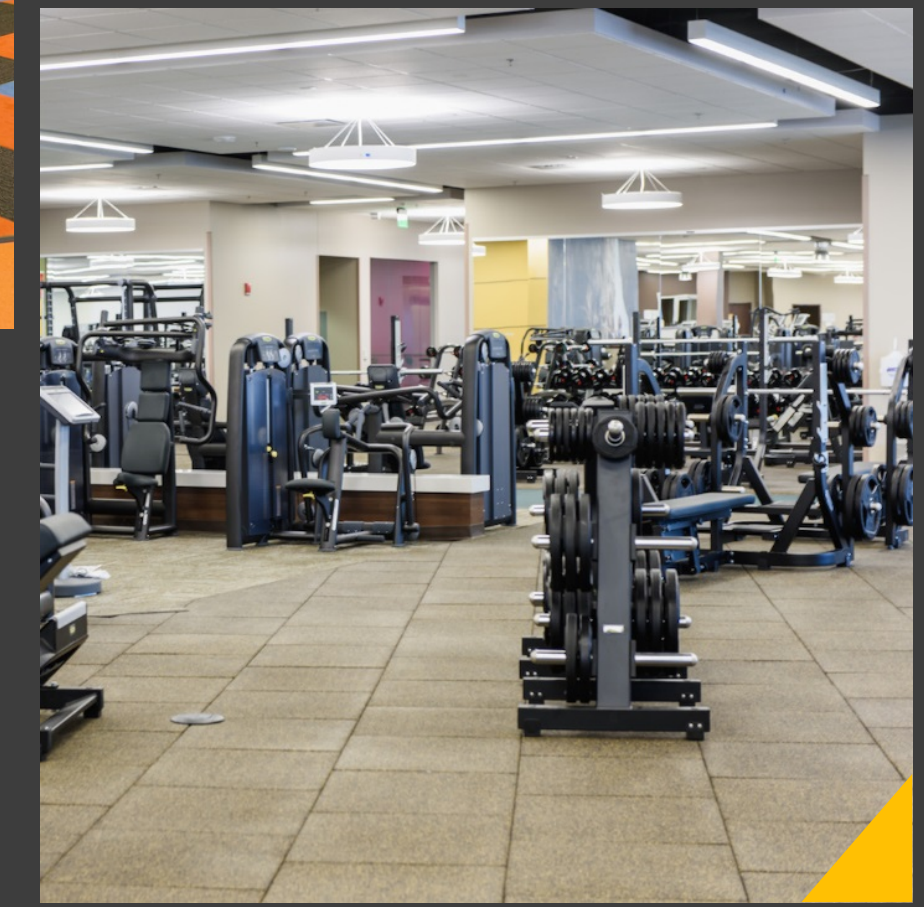


Civil Engineering

Architects



Child Care



Fitness Center

Mount Carmel Fitness & Health Center

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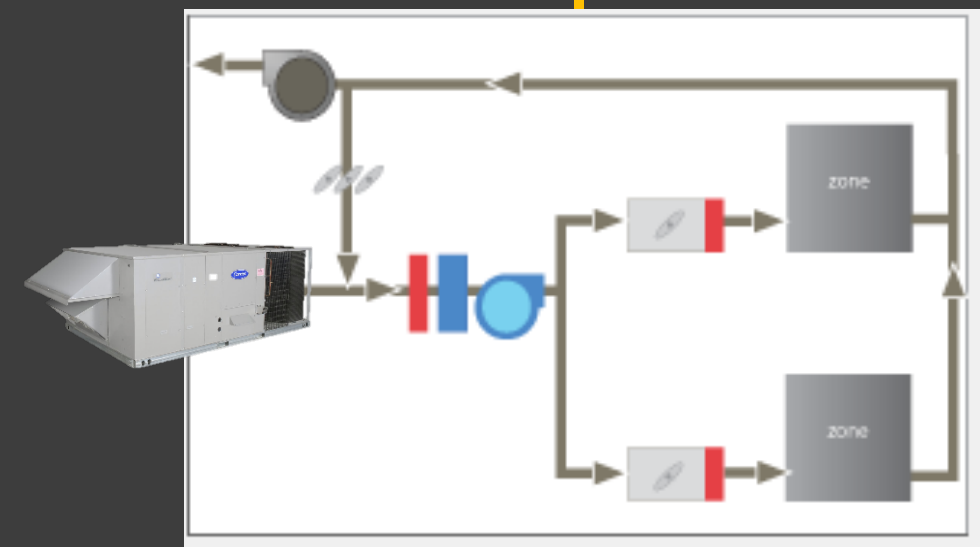
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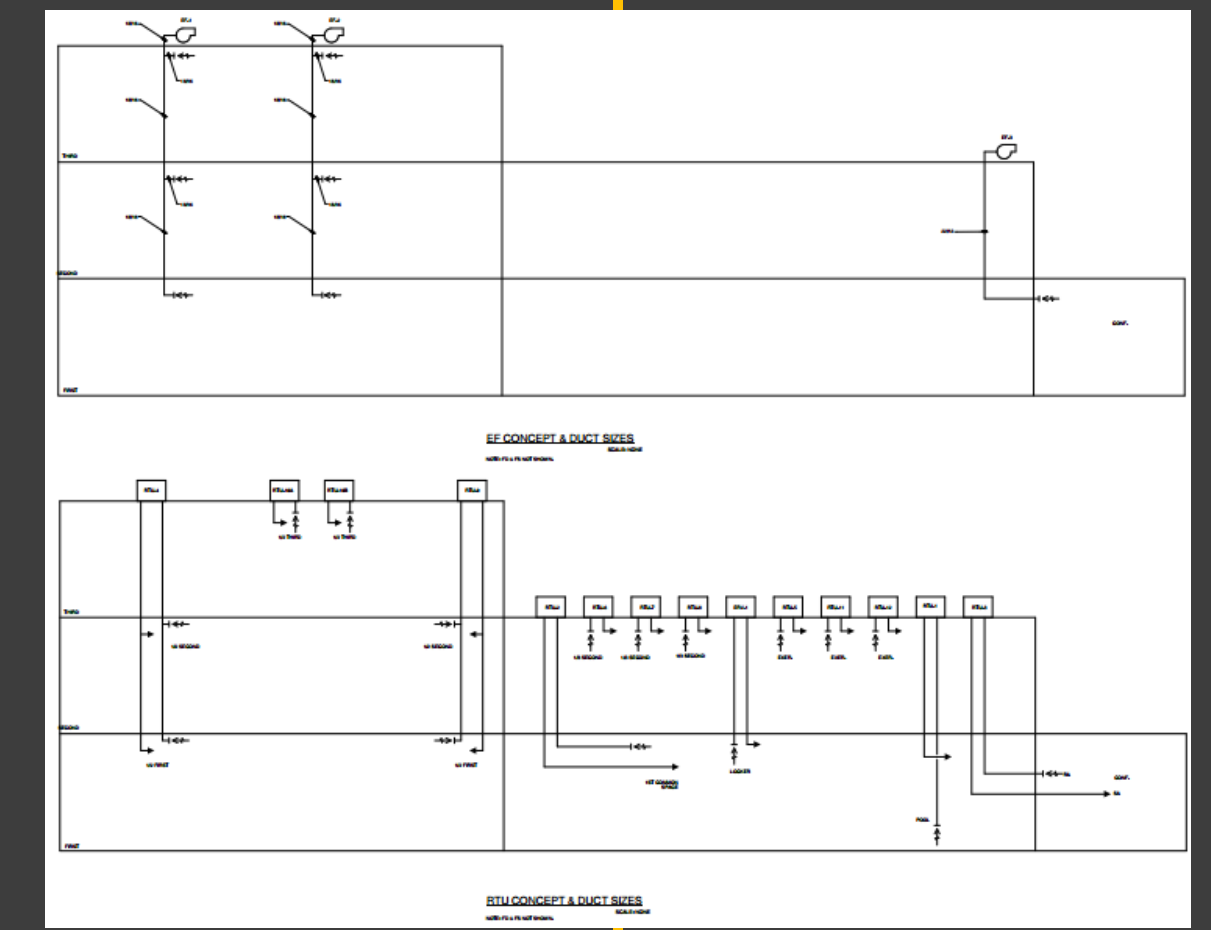


Typical RTU Operation Schematic

Heating/Cooling & Ventilation

[13] Roof Top Units

Each supplying anywhere from 2500 – 15000 CFM
RTU connected to VAV boxes for reheat purposes



Existing System Riser Diagram

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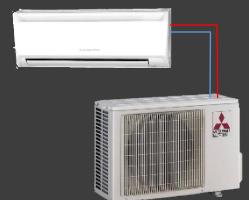
Mechanical Depth

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Roof Top Unit Schedule			Cooling Coil				Heating Section			
	Supply Air (CFM)	Outside Air (%)	Total MBH	Sensible MBH	EAT/LAT (F)	EER	Input MBH	Output MBH	EAT/LAT (F)	
System	RTU-1	30000	22.60%	969	555	84/60	-	1062	850	75/101
	RTU-2	12000	40.8%	471	335	83.17/60.82	10.3	750	607	41.4/88.5
	RTU-3	2600	24.2%	88	65	79.85/58.36	12.6	150	120	43/96
	RTU-4	13000	20.0%	449	345	79/55.12	10.4	850	697	56/105
	RTU-5	4000	35.5%	144	101	82.1/60.52	12.1	250	203	45/92
	RTU-6	6400	31.3%	246	188	81.25/56.39	10	400	324	48/95
	RTU-7	6400	31.3%	246	188	81.25/56.39	10	400	324	48/95
	RTU-8	5600	29.6%	200	158	80.93/57.27	11	350	284	49/96
	RTU-9	15000	32.0%	570	432	81.4/55.7	10.6	850	697	47.6/90
	RTU-10A	11200	30.0%	396	306	81/59.24	10.3	600	486	49/89.5
	RTU-11	11200	30.0%	396	306	81/59.24	10.3	600	486	49/89.5
	RTU-12	3200	39.1%	115	88	82.81/59.23	12.5	250	200	43/101
	RTU-13	2400	32.7%	88	66	81.54/57.68	12.6	200	160	47/109

Roof Top Unit Schedule



Air Conditioning Unit Schedule

Tenant Air Conditioning Unit Schedule				Cooling Coil		Configuration	Tenant Condensing Unit Schedule		
	Supply Air (CFM)	CUA Mark	Total MBH	EAT (F)	Service		MBH		
System	ACU-1	425	2	18	80	Wall	CUA-1	ACU-1	18
	ACU-2	425	4	18	80	Wall	CUA-2	ACU-2	18
	ACU-3	425	6	18	80	Wall	CUA-3	ACU-3	18
	ACU-4	425	7	18	80	Wall	CUA-4	ACU-7	18
	ACU-5	425	8	18	80	Wall	CUA-5	ACU-4	18
	ACU-6	425	9	18	80	Wall	CUA-6	ACU-5	18
	ACU-7	425	10	18	80	Wall	CUA-7	ACU-6	18
							CUA-8	CRAC-1	50.4

Cooling Coil:
 Entering Air Temp.
 79F (DB) - 84F (DB)
 Leaving Air Temp.
 55F (DB) - 60F (DB)

Heating Coil:
 Entering Air Temp.
 42F (DB) - 56F (DB)
 Leaving Air Temp.
 88F (DB) - 95F (DB)

Mechanical Room
 Electrical Room
 Telecommunication Room
 I.T. Room

Cooling Coil:
 Entering Air Temp.
 80F (DB) - 67F (WB)

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Energy Recovery Ventilator Schedule			Recovery		Outside Air		Exhaust Air	
	System	Service	Type	Material	CFM	ESP ("WC)	CFM	ESP ("WC)
			Wheel	Aluminum	12000	1.3	14000	1.25
			Summer Conditions			Winter Conditions		
			OA - EAT (DB/WB F)	OA - LAT (DB/WB F)	EA - EAT (DB/WB F)	OA - EAT (DB/WB F)	OA - LAT (DB/WB F)	EA - EAT (DB/WB F)
			95/76	80.4/67.4	75/63	0/-1	51.2/41.4	70/53
			Cooling Coil				Heating Section	
			Total MBH	Sensible MBH	EAT (DB/WB F)	LAT (DB/WB F)	Input (MBH)	Output (MBH)
			592	390	80.4/67.3	50.9/50.9	1000	800
			OA Filters			EA Filters		
			Type	Merv	Depth	Type	Merv	Depth
			Flat	8	2"	Flat	8	2"

Energy Recovery Ventilator Schedule



Summer Conditions
 Entering Air Temp. 95F (DB)
 Leaving Air Temp. 81F (DB)
 EA: Entering Air Temp.
 75F (DB)

Winter Conditions
 Entering Air Temp. 0F (DB)
 Leaving Air Temp. 51F (DB)
 EA: Entering Air Temp.
 70F (DB)

Heat Recovery Wheel
 OA Filters: Flat Merv 8
 EA Filters: Flat Merv 8

Exhaust Air: 14,000 CFM
 Outside Air: 12,000 CFM

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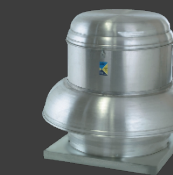
Mechanical Depth

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Exhaust Fan Schedule										
	Service	Type	CFM	SP ("WC)	OV (FPM)	Tip Speed (FPM)	RPM	Arrangement	Drive	
System	EF-1	General	Pre	4,180	1.25	1970	6790	1441	Downblast	Belt
	EF-2	General	Pre	2,000	1.25	1357	5741	1462	Downblast	Direct
	EF-3	General	Pre	2,000	1.25	1357	5741	1462	Downblast	Direct
	EF 4	Kitchen	IC	1270	0.75	713	5249	1671	-	Belt
	EF 5	Vest.	IC	1200	0.45	431	3679	937	-	Direct
	EF 6	Vest.	IC	1200	0.45	431	3679	937	-	Direct
	EF 7	Chemical Storage	IC	1000	0.75	-	-	2825	-	Direct
	EF 9	MRI Emergency Exhaust	UPRE	1200	0.5	774	3866	1094	-	Belt
	EF 10	Medical Elec. Room 1st Floor	IC	500	0.5	200	4466	1706	-	Belt
	EF 11	Wellness Elec. 1st Floor	IC	500	0.5	200	4466	1706	-	Belt
	EF 12	Medical Elec. 2nd Floor	IC	500	0.5	200	4466	1706	-	Belt
	EF 13	Medical Elec. 3rd Floor	IC	500	0.5	200	4466	1706	-	Belt
	EF 14	General	Pre	3400	1.25	1603	6083	1291	Downblast	Belt
	EF 15	Isolation	US	500	1.25	870	7144	1910	-	Belt
	EF 16	Vest.	IC	1200	0.45	431	3679	937	-	Direct
	EF 17	Vest.	IC	600	0.45	736	4390	1677	-	Direct

Exhaust Fan Schedule



Down Blast
Centrifugal Exhaust
Ventilators

Exhausting
500 – 4180
CFM

5 Major
Exhaust Fans
(General Area)

Kitchen
Chemical Storage
MRI Emergency
Electrical Rooms
Vestibule

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Energy Consumption & Emissions

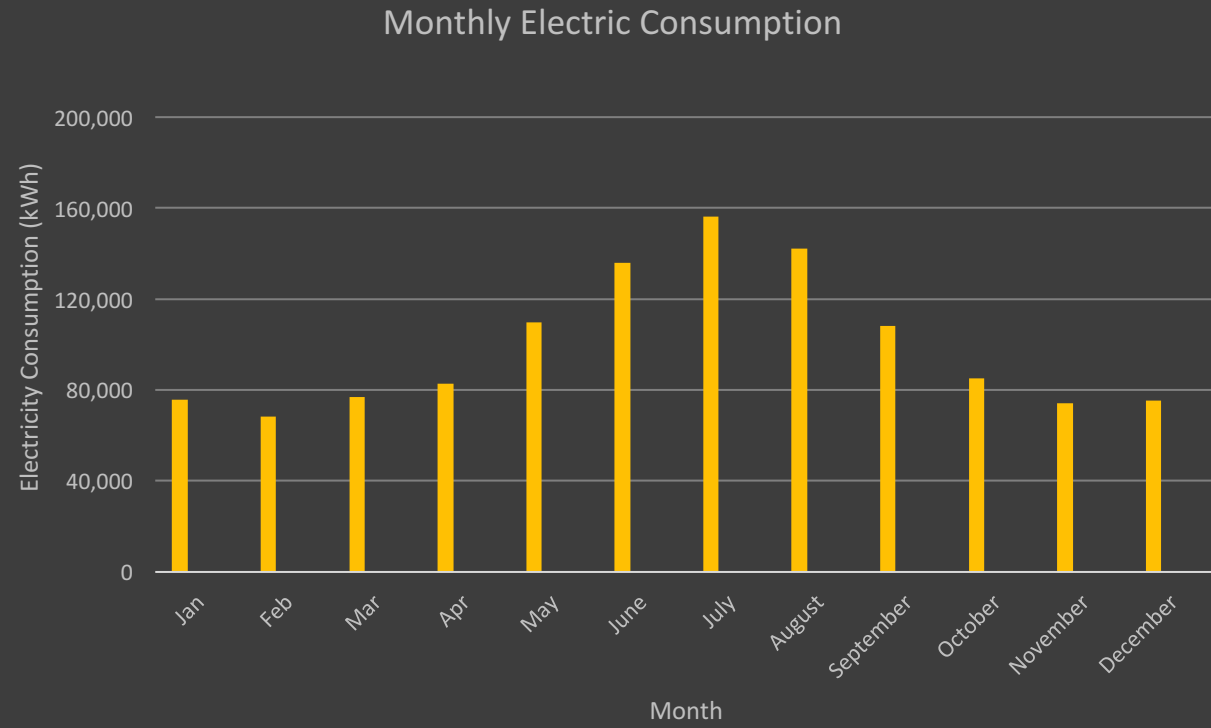
Proposal & Goals

Mechanical Depth

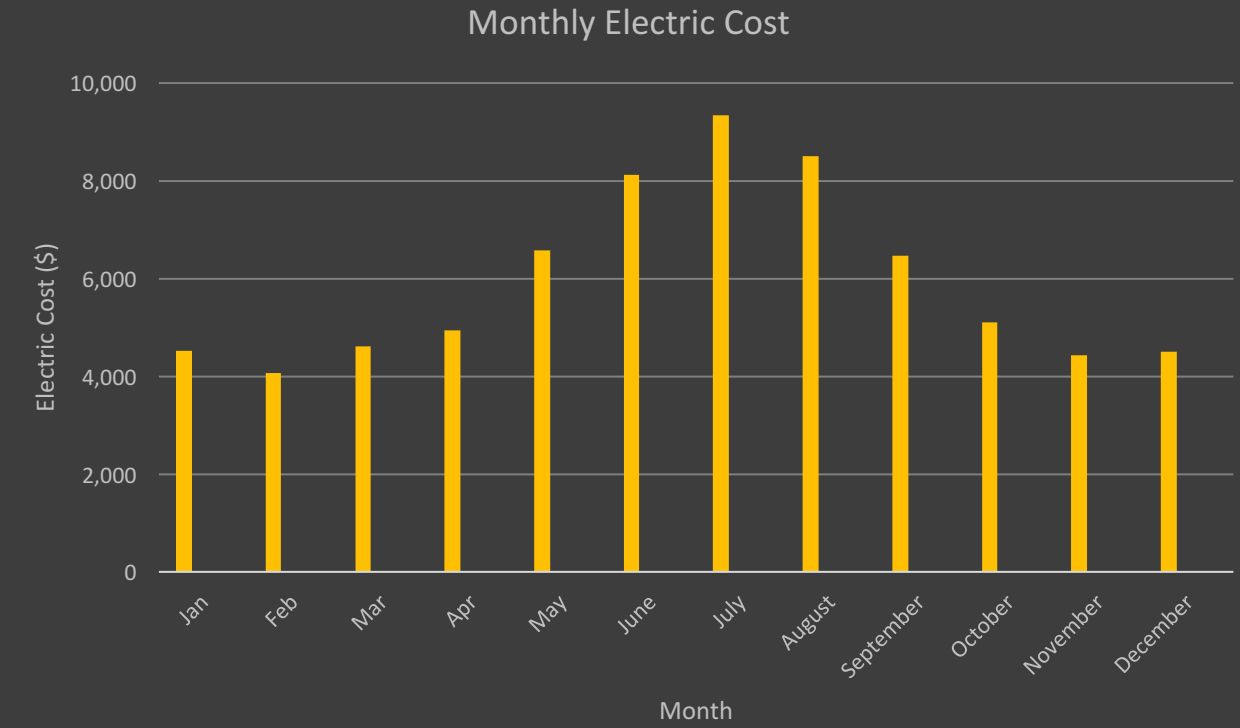
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Monthly Electric Consumption Existing System



Monthly Electric Cost Existing System



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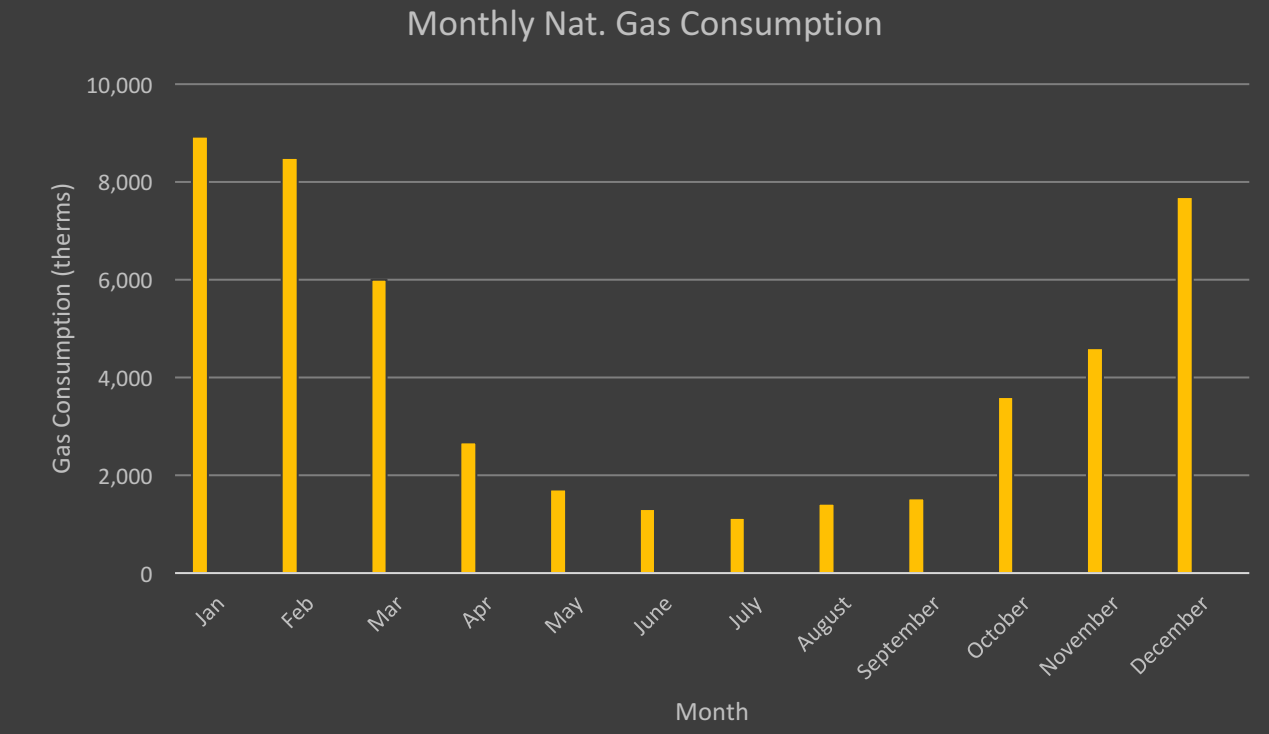
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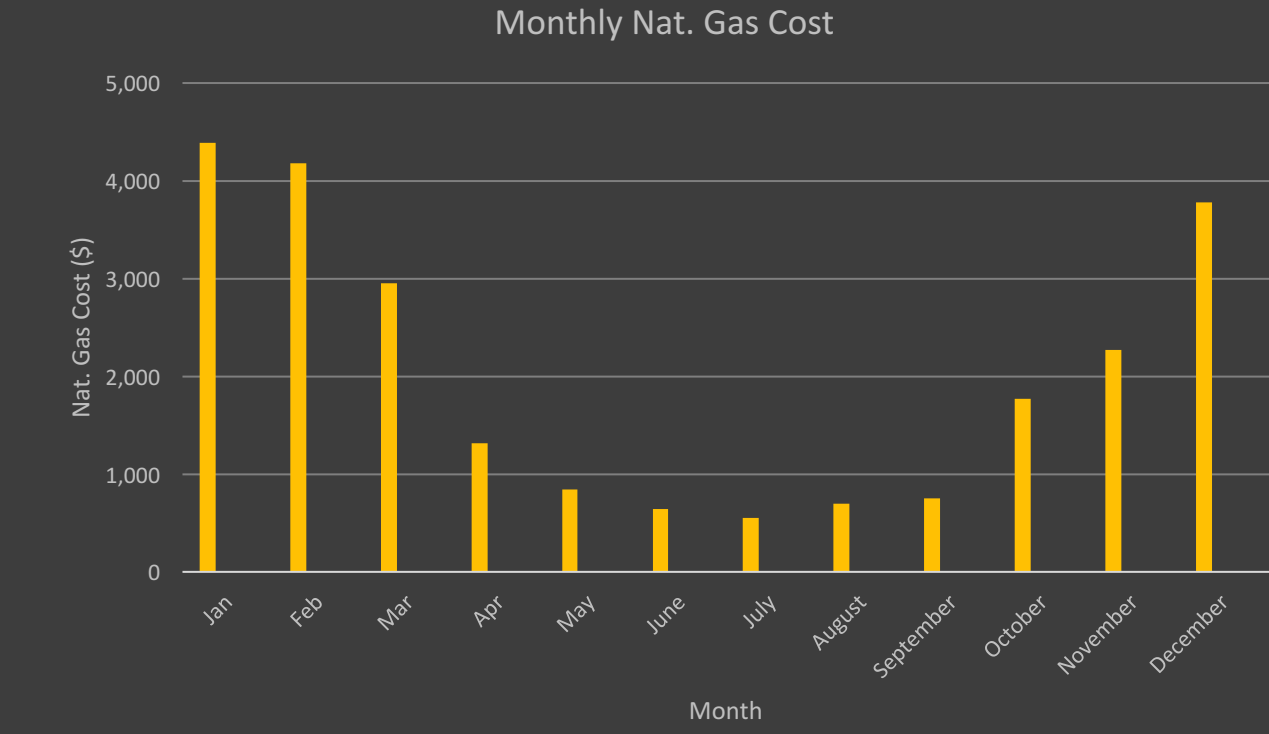
Acoustical Breadth

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Monthly Nat. Gas Consumption Existing System



Monthly Nat. Gas Consumption Existing System



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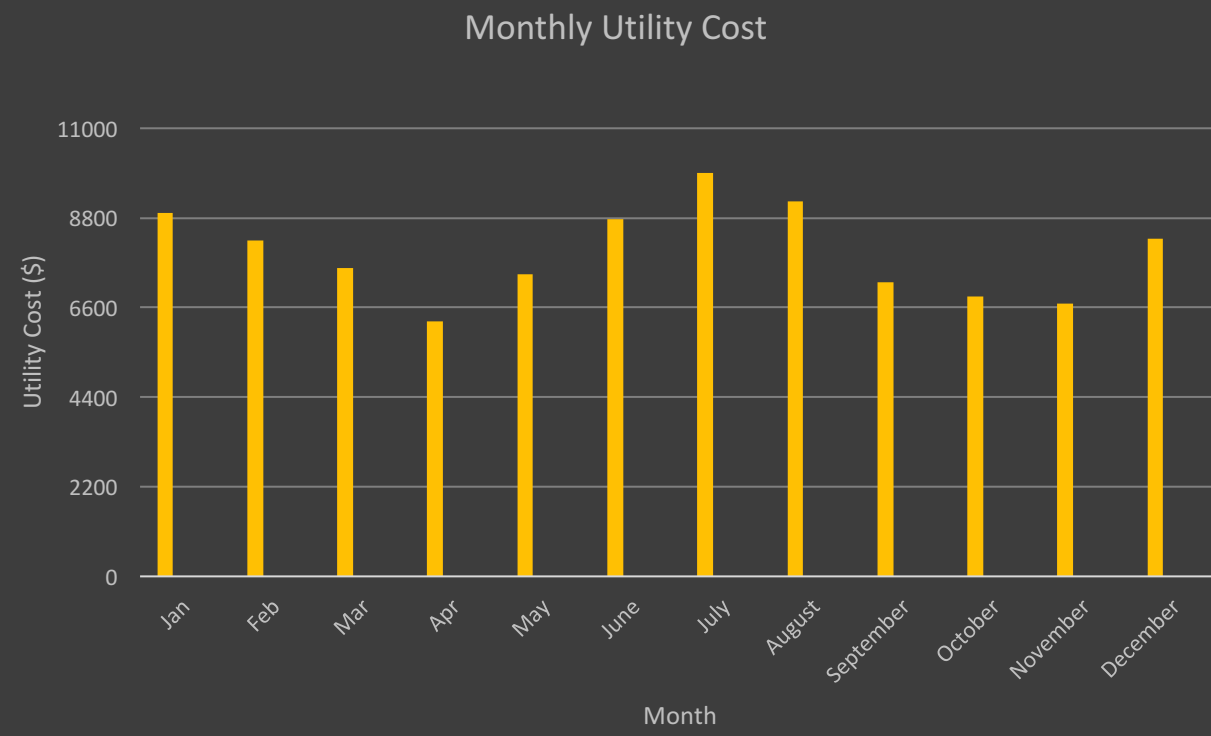
Proposal & Goals

Mechanical Depth

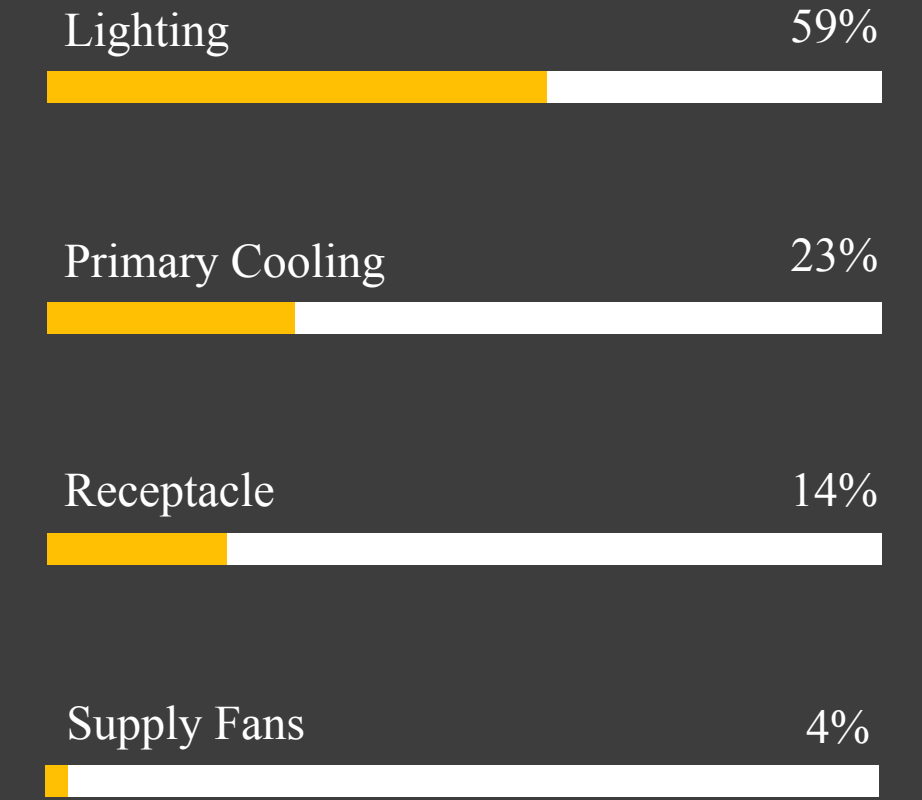
Acoustical Breadth

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Monthly Utility Cost Existing System



Annual Electricity Consumption Existing System



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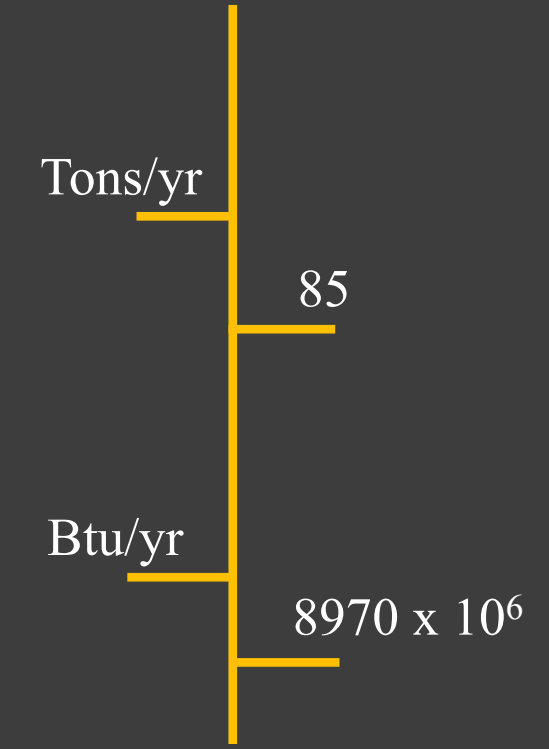
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Mechanical Depth

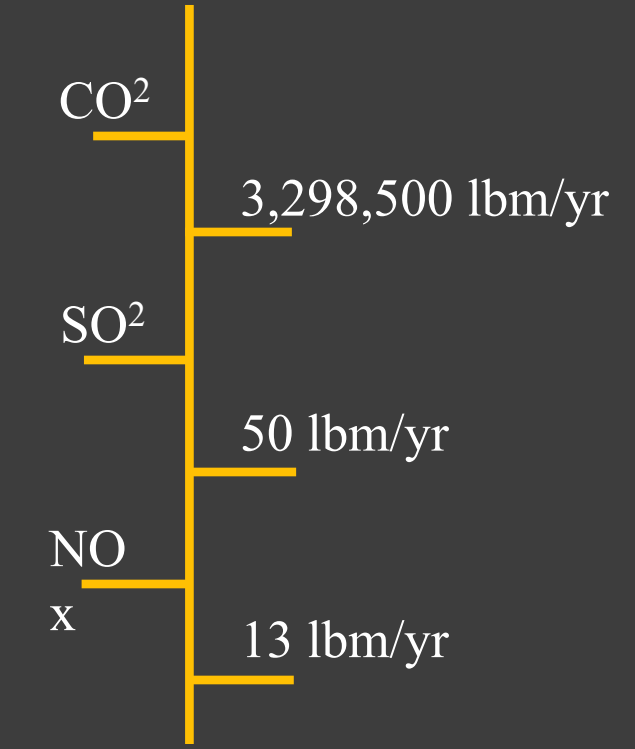
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Annual Energy Consumption Existing System



Annual System Emissions Existing System



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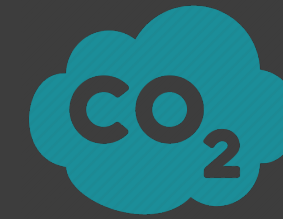


Reducing Energy Consumption



Reducing Energy Costs

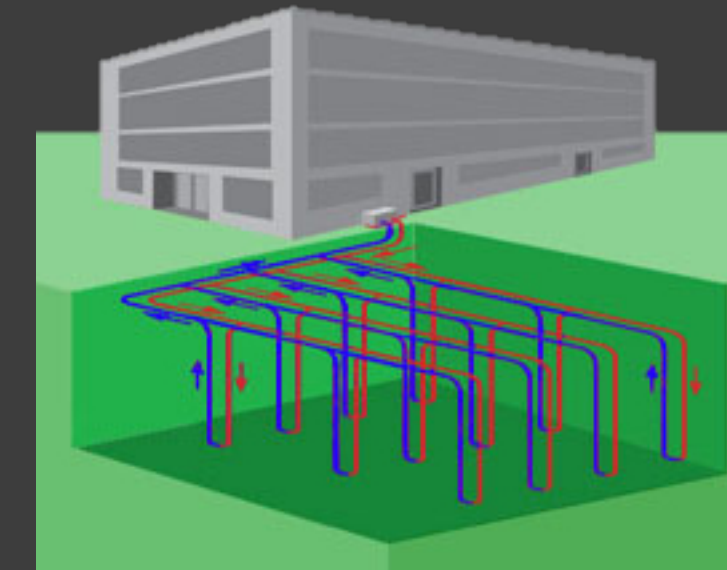
Reducing System Emissions



Creating A Central Plant



Proposed Mechanical Depth



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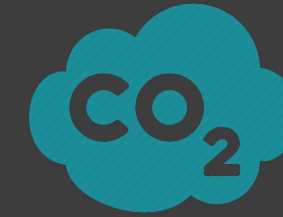


Reducing Energy Consumption



Reducing Energy Costs

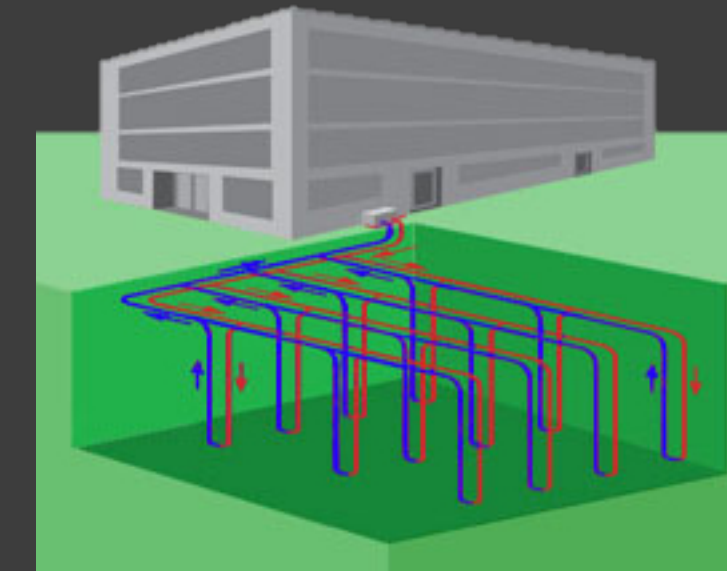
Reducing System Emissions



Creating A Central Plant



Proposed Mechanical Depth



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Reducing Energy Consumption



Reducing Energy Costs

Reducing System Emissions



Creating A Central Plant



Proposed Acoustical Breadth



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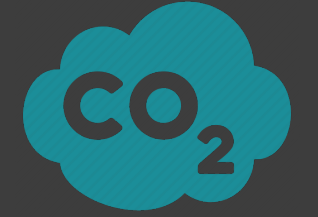


Reducing Energy Consumption



Reducing Energy Costs

Reducing System Emissions



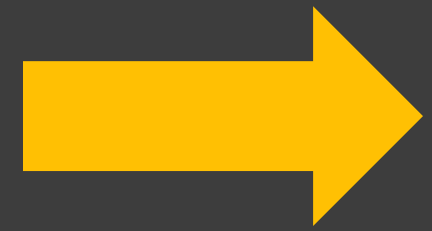
Creating A Central Plant



Proposed Lighting Breadth



T5/T8



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Geothermal Closed Loop System

Alternative 1: RTU WSHP

Alternative 2: DOAS + Heat Pumps

Energy Consumption & Emissions

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Conclusion

Cooling & Heating Bore Length Design			
Input		Heating	Cooling
Short-Circuit Factor	(Fsc)	104	104
Part-Load Factor	(PLFm)	1	1
Average Heat Transfer to Ground (Btu/hr)	(qa)	696000	696000
Block Loads (Btu/hr)	(qlh and qlc)	5292000	4596000
Resistance of Ground, Annual pulse	(Rga)	0.217	0.217
Resistance of Ground, Daily pulse	(Rgd)	0.128	0.128
Resistance of Ground, Monthly pulse	(Rgm)	0.207	0.207
Resistance of Bore	(Rb)	0.09	0.09
Undisturbed Ground Temperature (Degrees F)	(tg)	56	56
Temperature Penalty for Bore Spacing (Degrees F)	(tp)	18	18
Heat Pump Inlet Temperature (Degrees F)	(twi)	41	81
Heat Pump Outlet Temperature (Degrees F)	(two)	36	86
System Power Input (Watts)	(Wc and Wh)	69059.2	59976
Required Bore Length	(Lc and Lh)	148149	69621

Well-Field Bore Length Design

Geothermal System Layout Options

Amount of Vertical Bores Required		
Well Depth	Bore Length Required (ft)	Amount of Wells
100	148148.9	1481
200	148148.9	741
300	148148.9	494
400	148148.9	370
500	148148.9	296
550	148148.9	269



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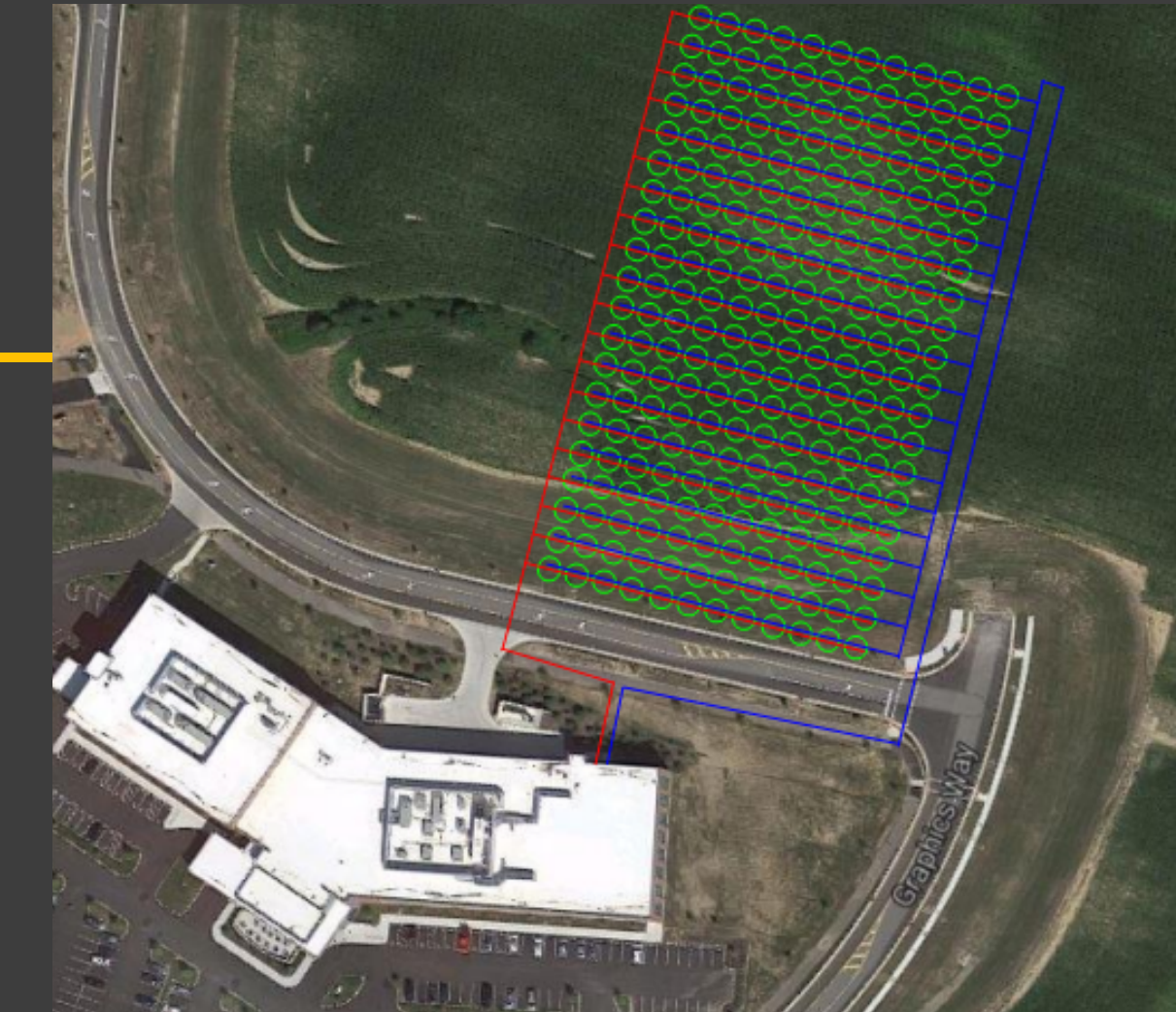
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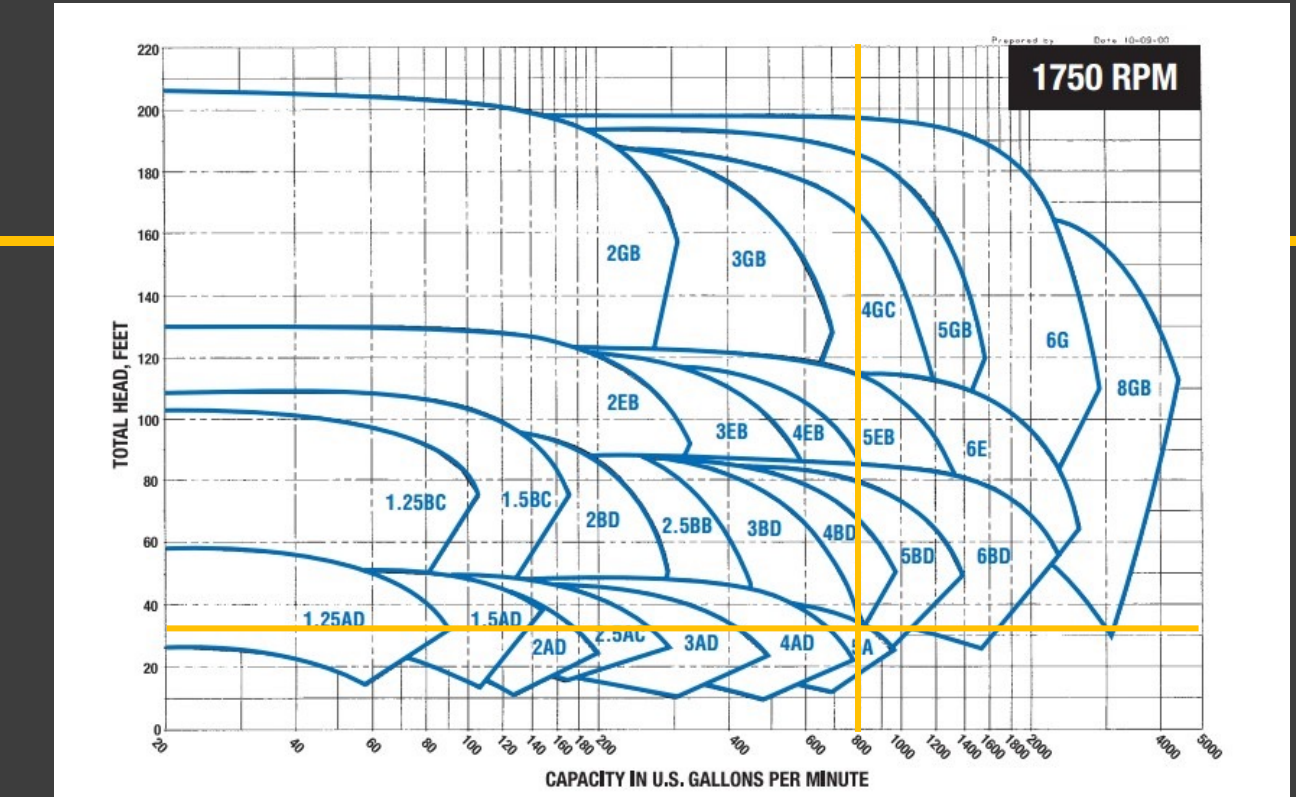
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Calculating Pressure Loss- Equivalent Pipe Length Method							
Pipe Size (inches)	Flow (gal/min)	Pressure Loss (ft/100ft)	System Components	Equivalent Length of Component (ft)	Number of Components	Equivalent Length (ft)	Section Pressure Loss (ftH ₂ O)
3	807	128.87	90 deg Elbows	2.7	6	16.2	-
-	-	-	Straight Pipe	1	10	10	
Total	807	128.87	-	-	-	26.2	33.764

Pump Head Loss Calculation

Geothermal System Equipment Selection



Bell & Gossett 1750 RPM Pumps

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Geothermal Closed Loop System

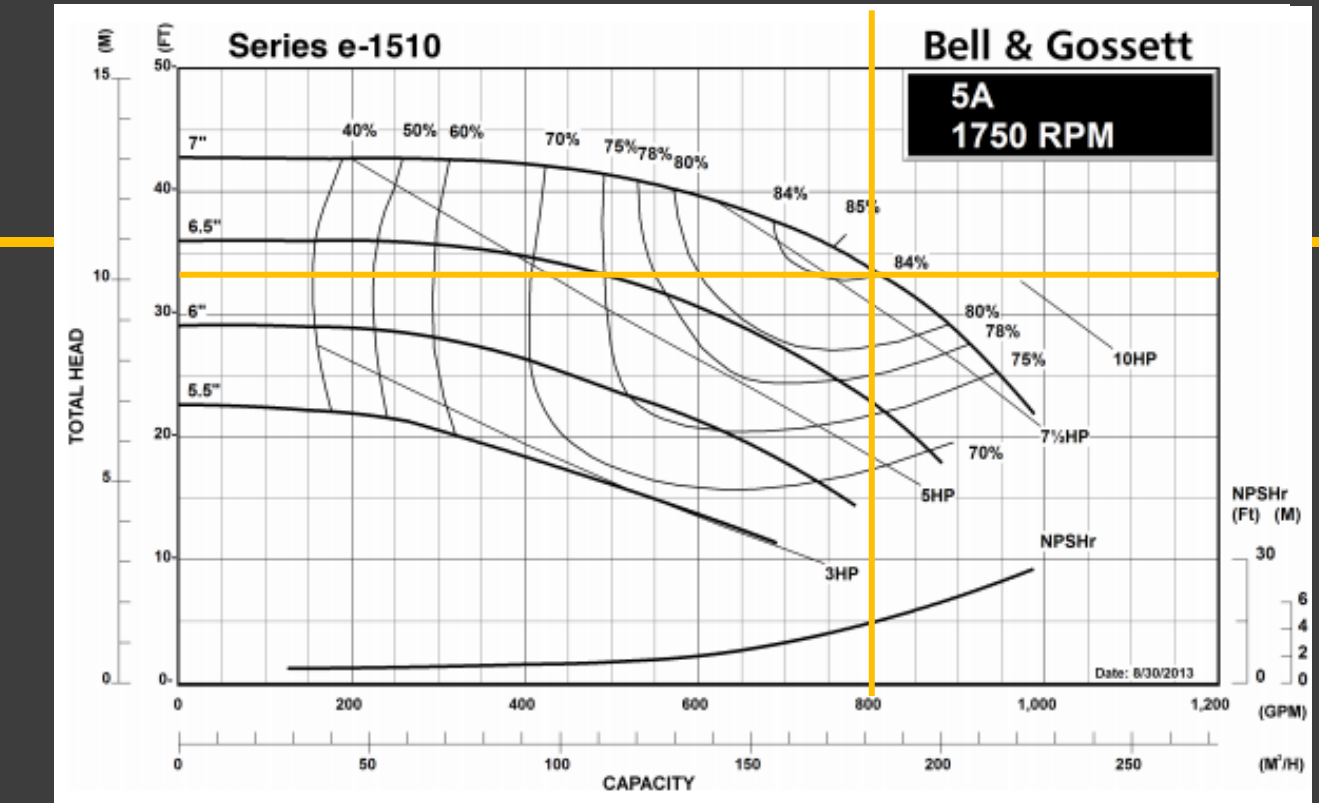
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-	-	-	-	-	-	-	
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Pump Head Loss Calculation

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Main Pump Selection – Series E1510

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Geothermal Closed Loop System

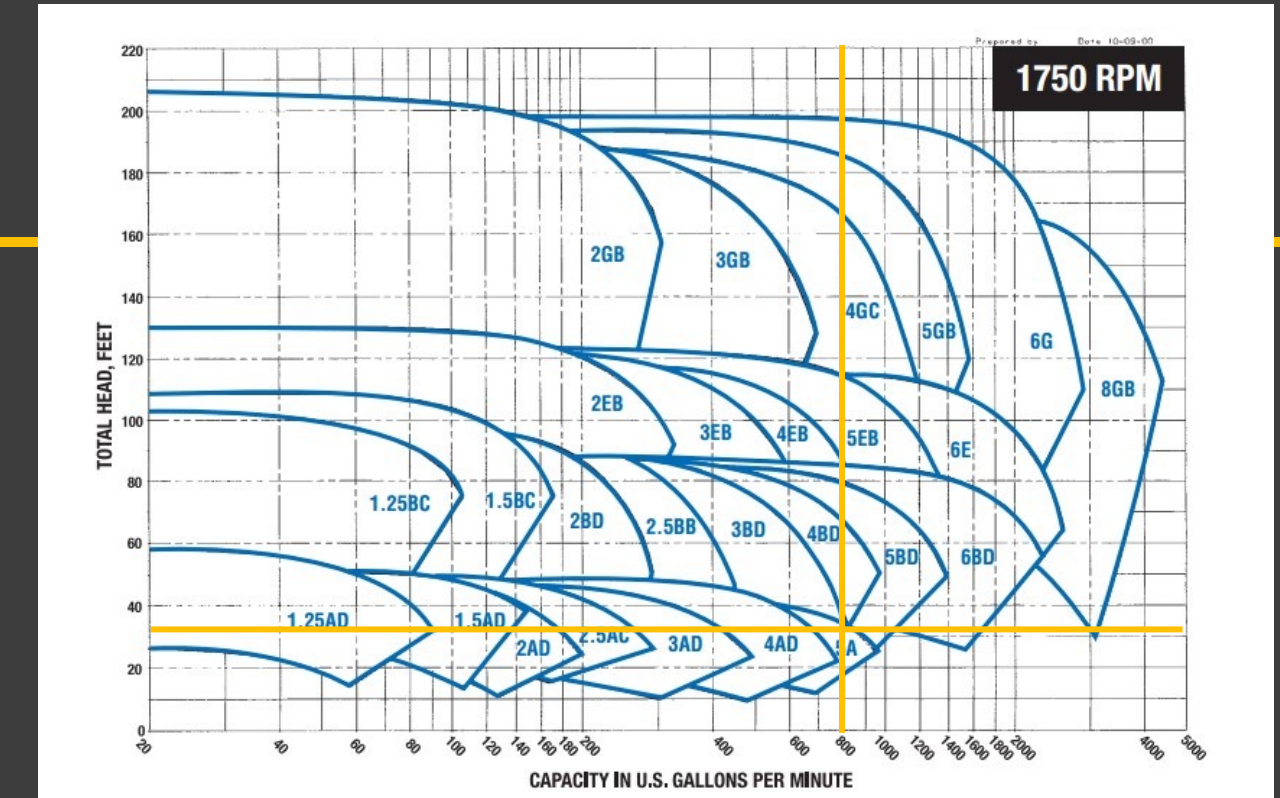
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			Straight Pipe	1	7	7	
			45 deg Elbow	13	2	2.6	
Total	807	128.87				23.1	29.769

Pump Head Loss Calculation

Geothermal System Equipment Selection



Bell & Gossett 1750 RPM Pumps

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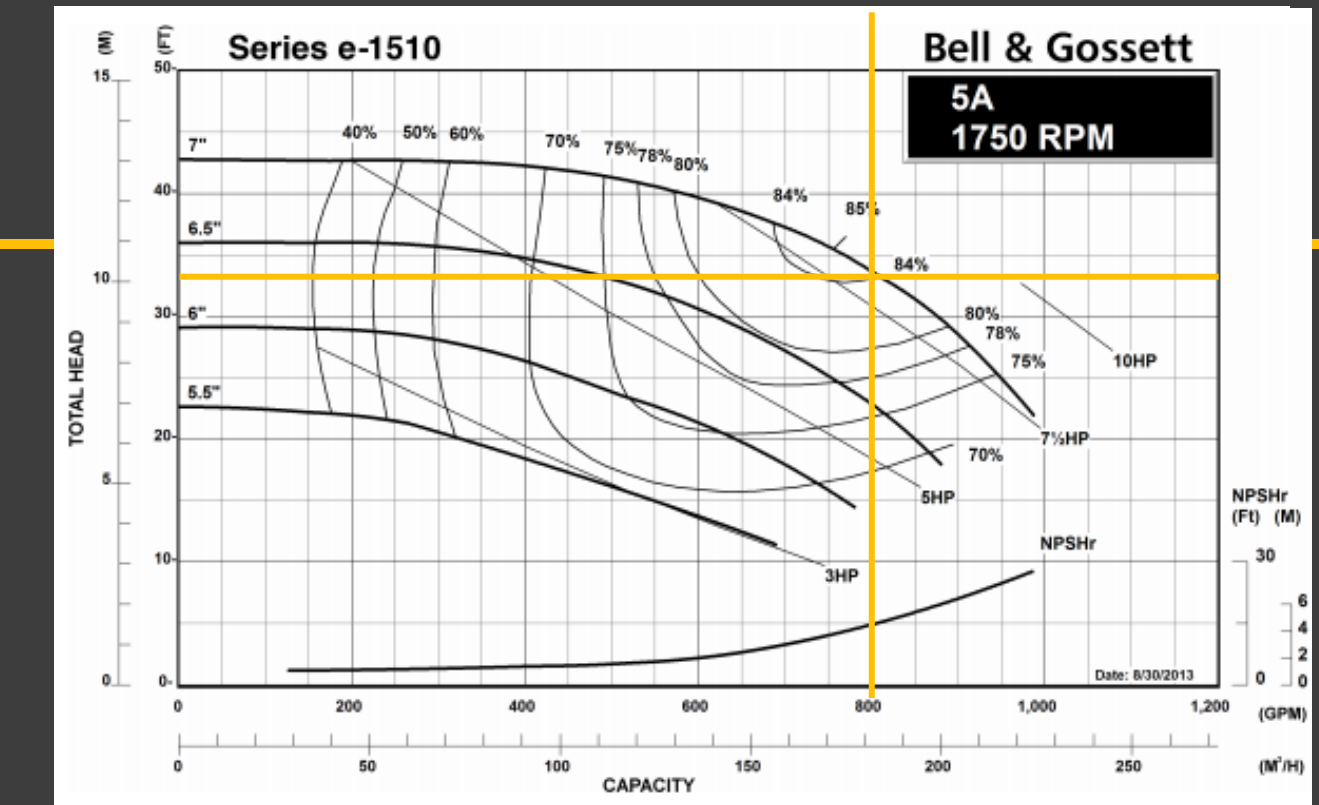
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			Straight Pipe	1	7	7	
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Total	807	128.87				23.1	29.769

Pump Head Loss Calculation

Geothermal System Equipment Selection



Distributor Pump Selection – Series E1510

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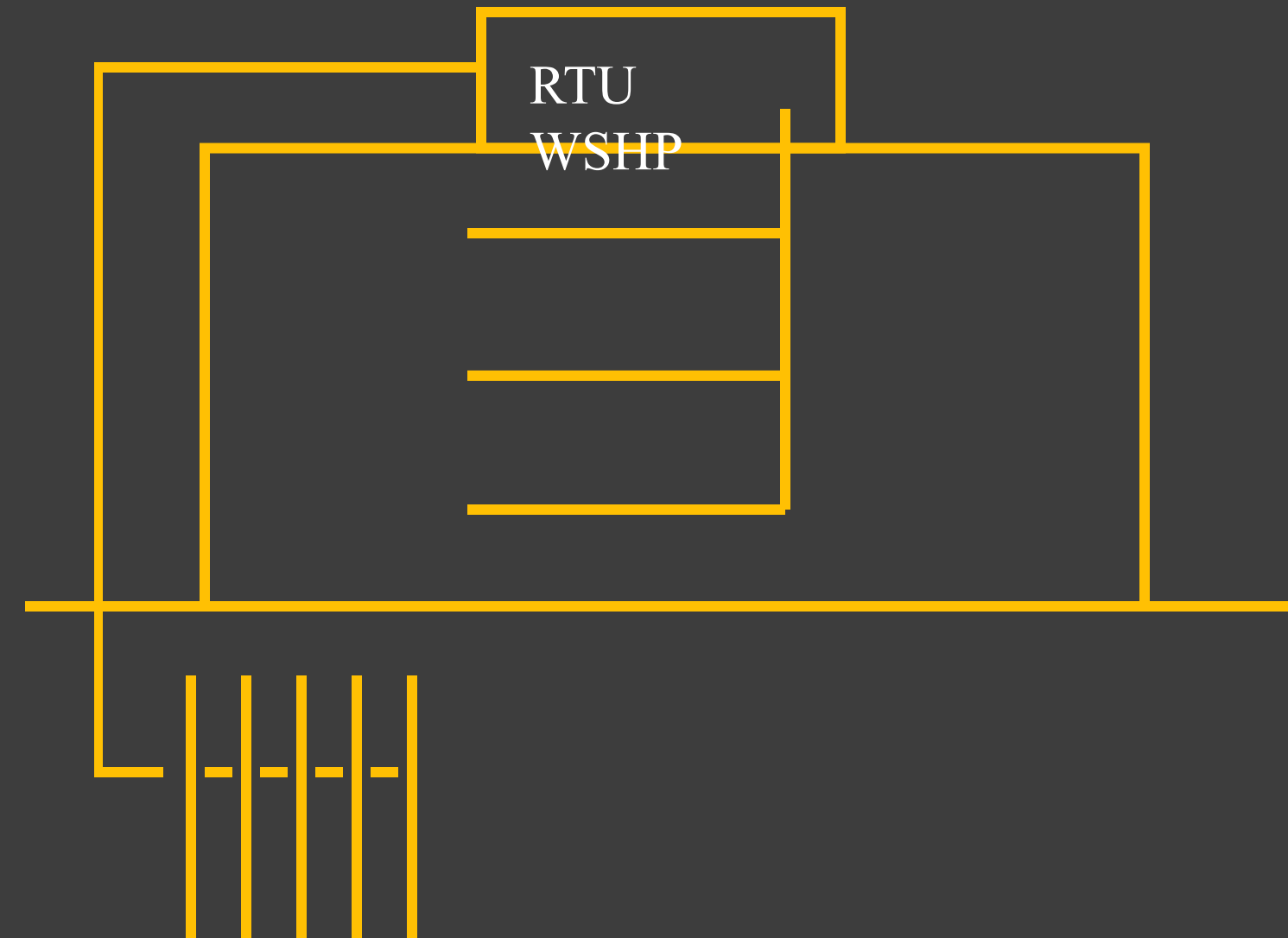
Alternative 2: DOAS + Heat Pumps

Energy Consumption & Emissions

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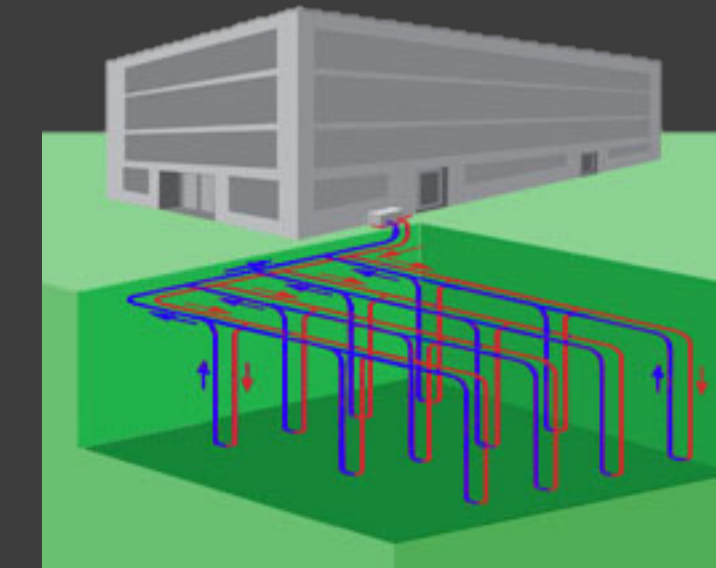
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Alternative 1:

Roof Top Unit
WSHP



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Alternative 1: RTU WSHP

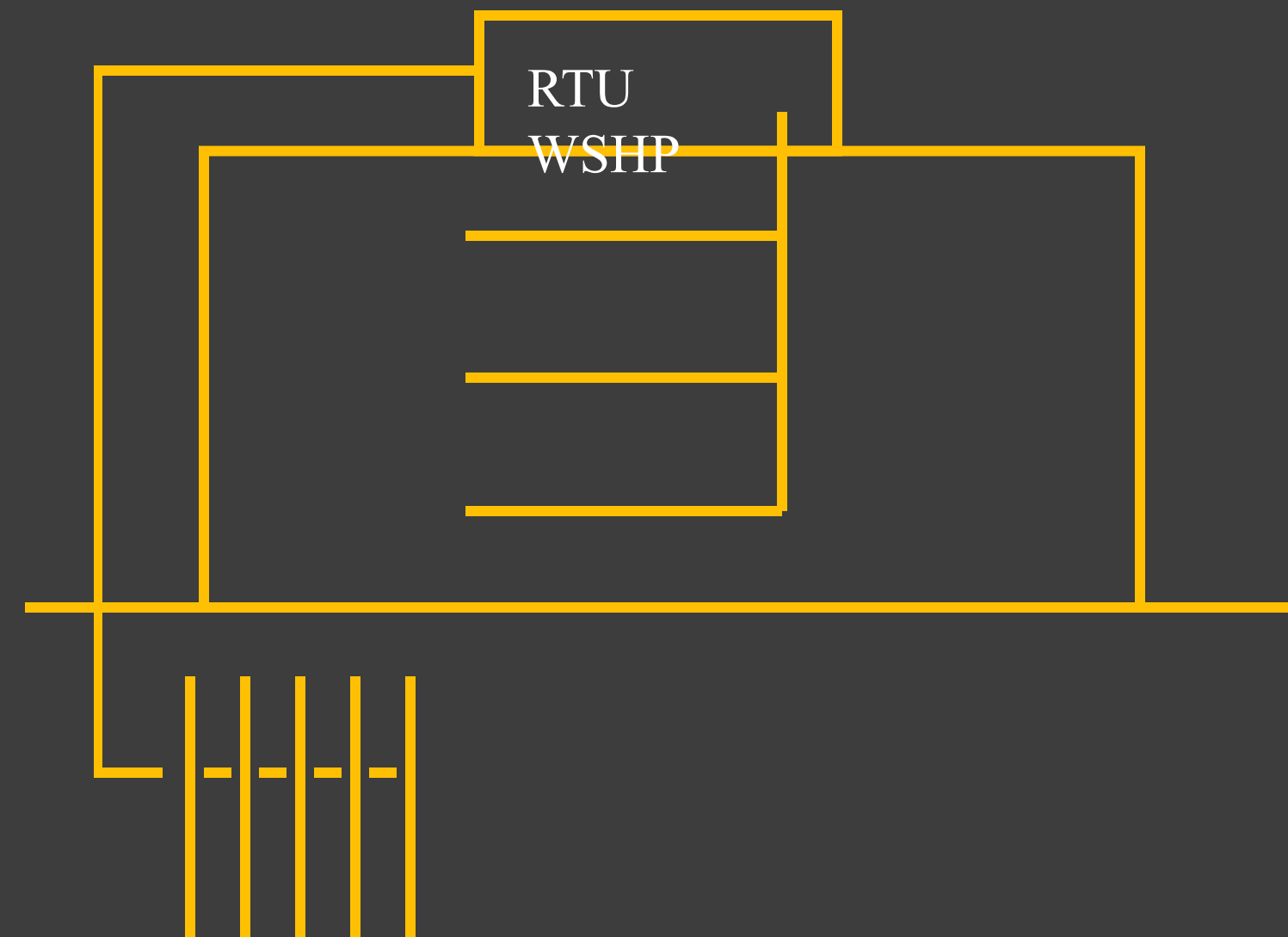
Alternative 2: DOAS + Heat Pumps

Energy Consumption & Emissions

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Combine Energy Savings from VAV & WSHP Configuration

Energy Efficient Cooling & Heating by Reversing Refrigerant Flow

Eliminating the Need of Individual Heat Pumps

[3] RN – 140
[1] RN – 30
Units Allow for 100% OA

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Geothermal Closed Loop System

Alternative 1: RTU WSHP

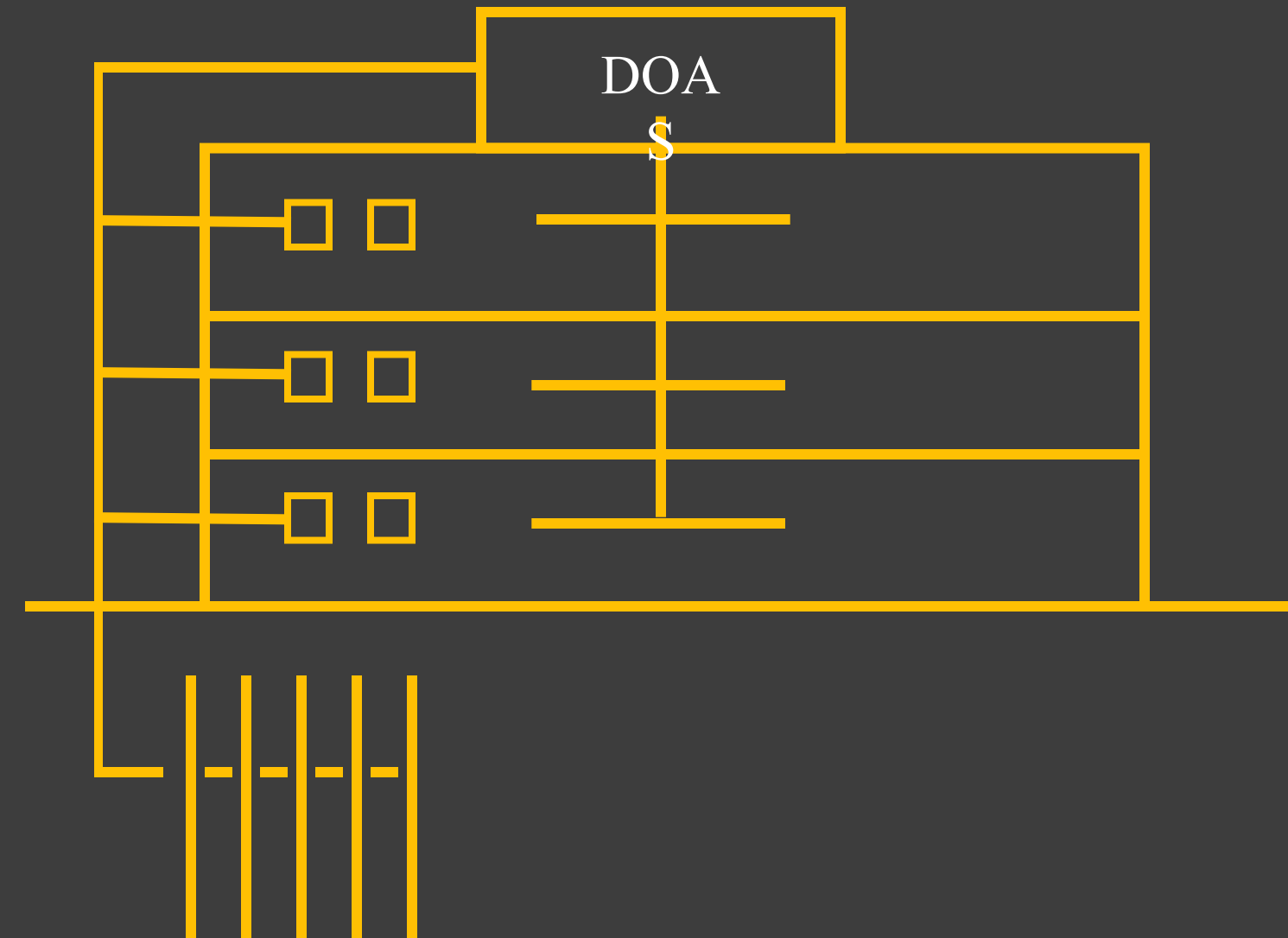
Alternative 2: DOAS + Heat Pumps

Energy Consumption & Emissions

Cost Analysis

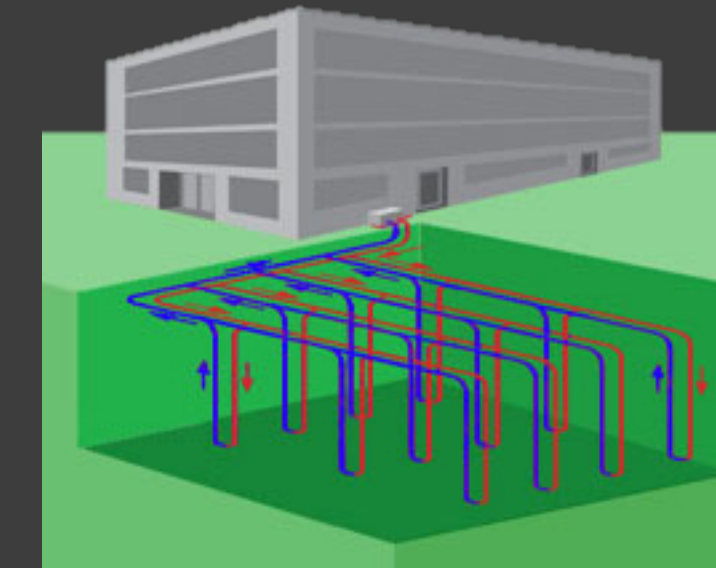
Acoustical Breadth

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Alternative 2:

DOAS + Heat Pumps



Mount Carmel Fitness & Health Center

Lewis Center, Ohio

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Geothermal Closed Loop System

Alternative 1: RTU WSHP

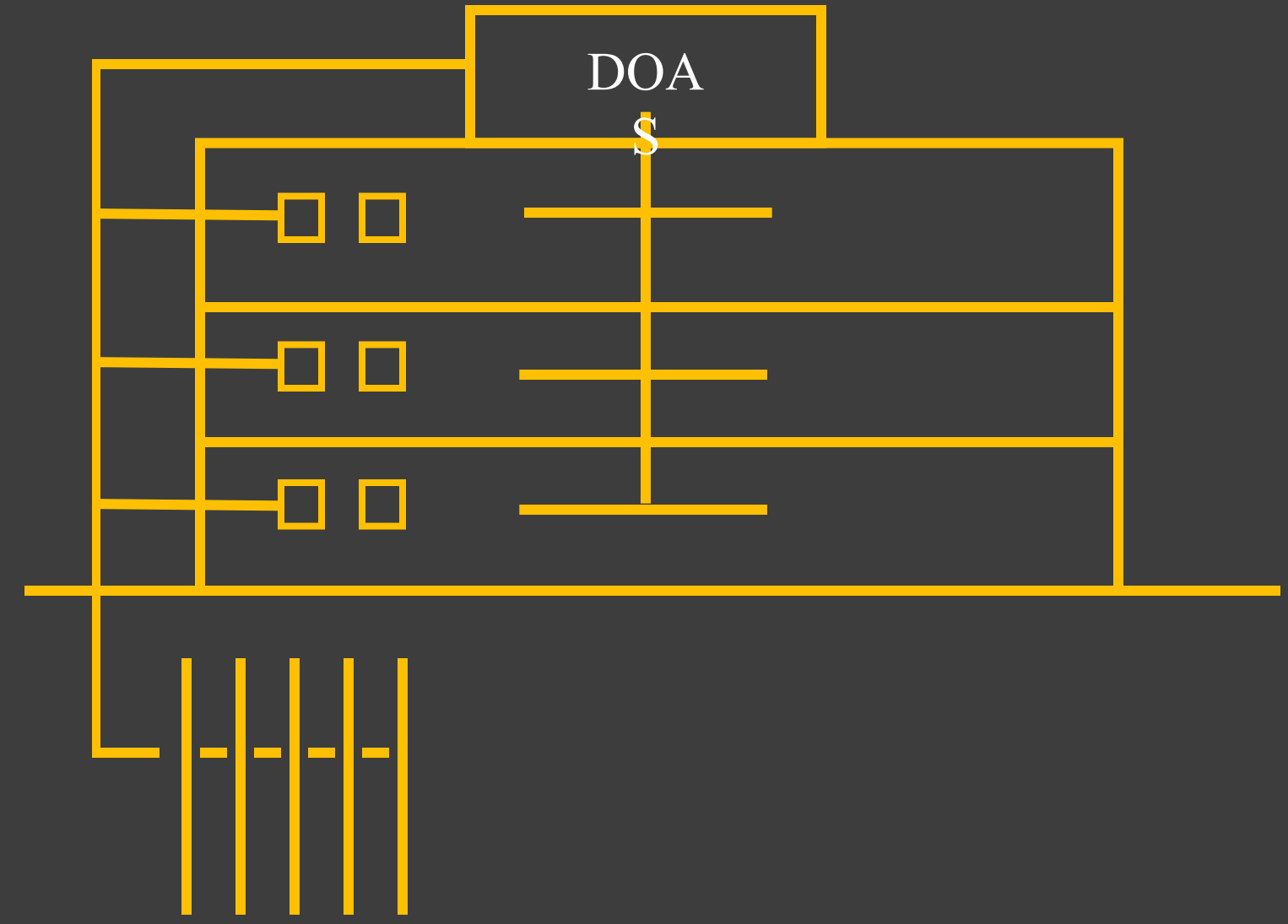
Alternative 2: DOAS + Heat Pumps

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Placement of Heat Pumps Will Be Based On Occupancy Type

DOAS Preconditioning OA

DOAS Mainly To Supply 100% OA

DOAS Will Dehumidify The Air Lowering DB

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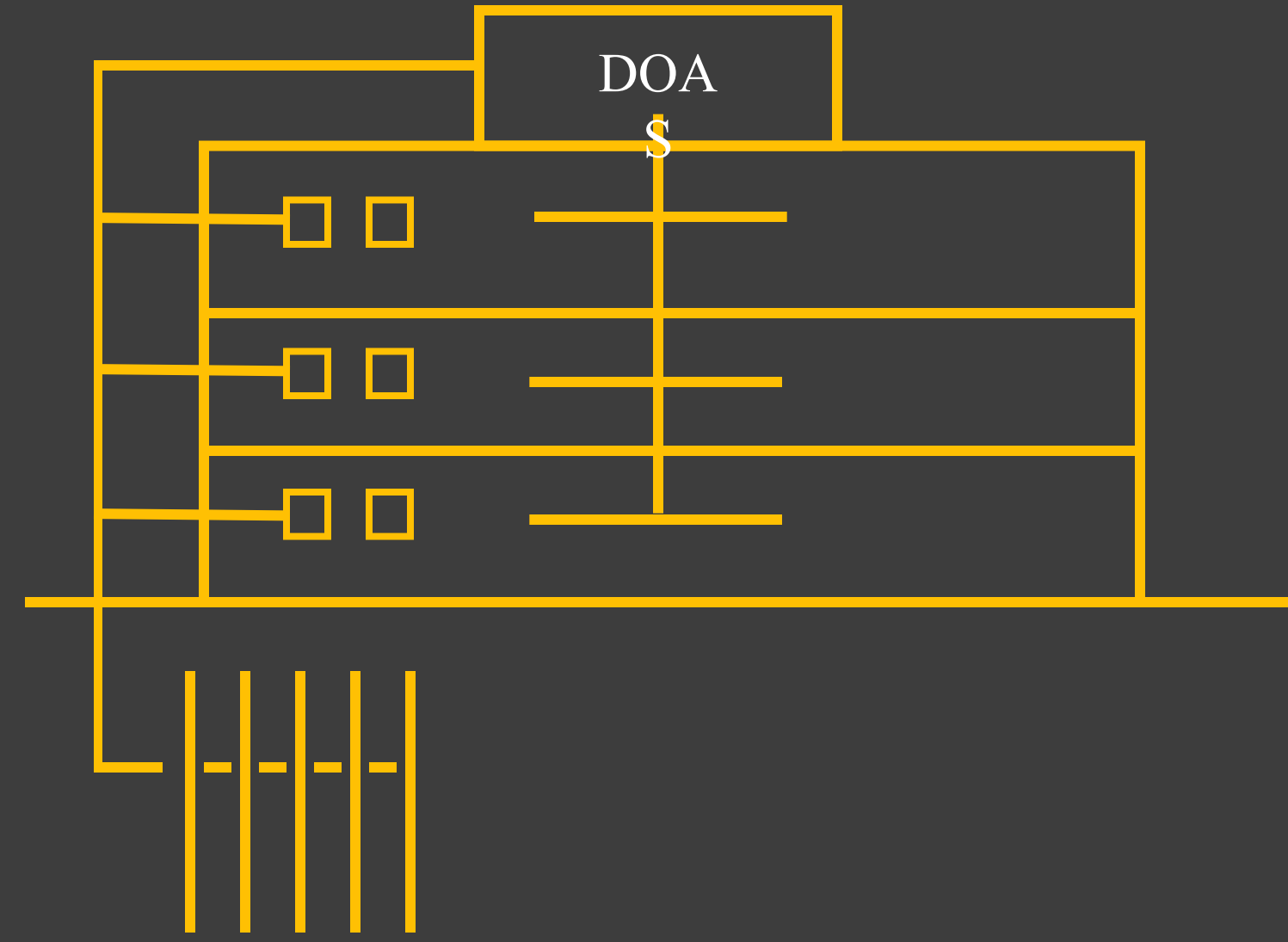
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Energy Consumption & Emissions

Cost Analysis

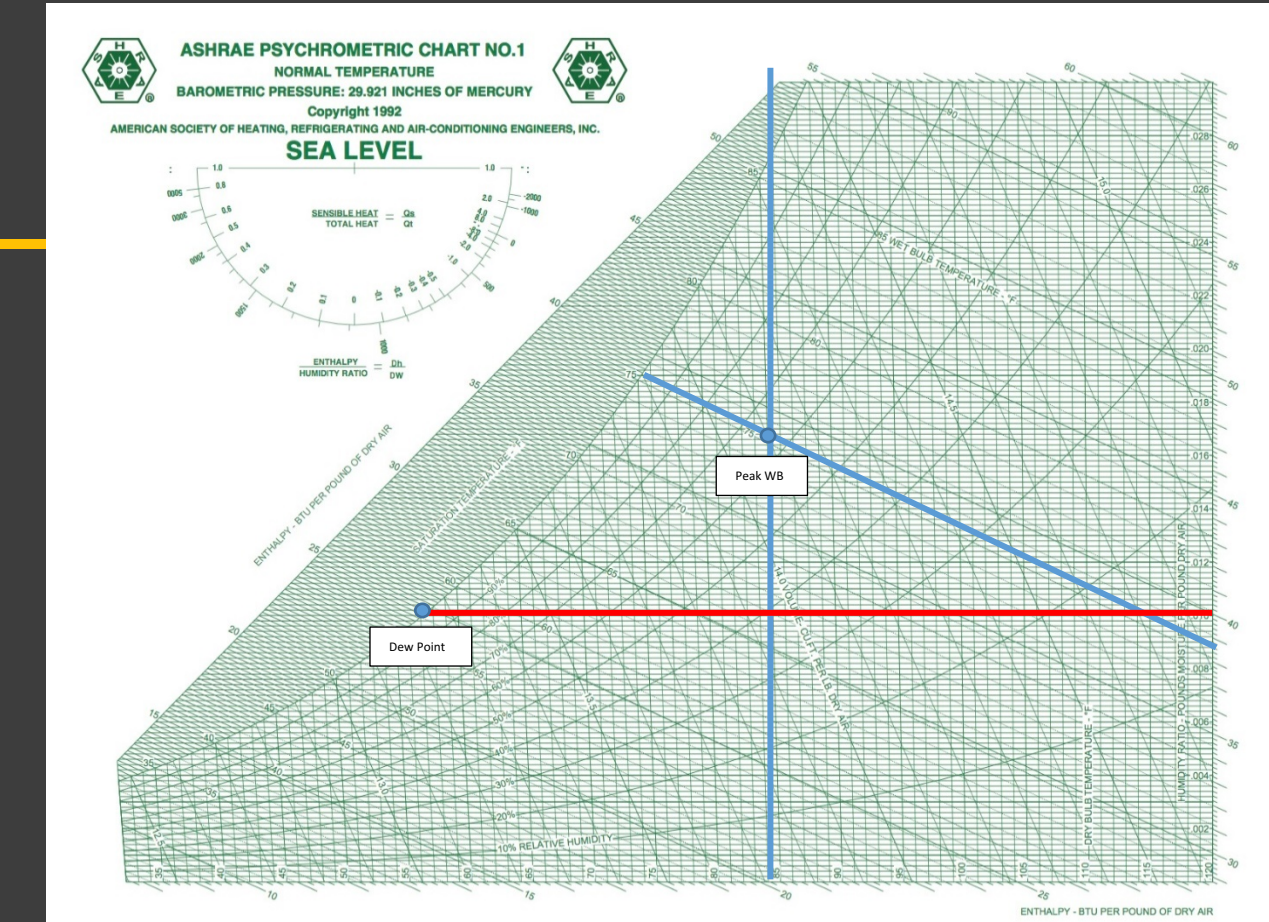
Acoustical Breadth

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DOAS Equipment Sizing

Design Conditions	
Peak DB	88.3 deg F DB
	73.1 deg F WB
Peak WB	84.3 deg F DB
	75.4 deg F WB
Peak DP	80.5 deg F DB
	72.5 deg F WB



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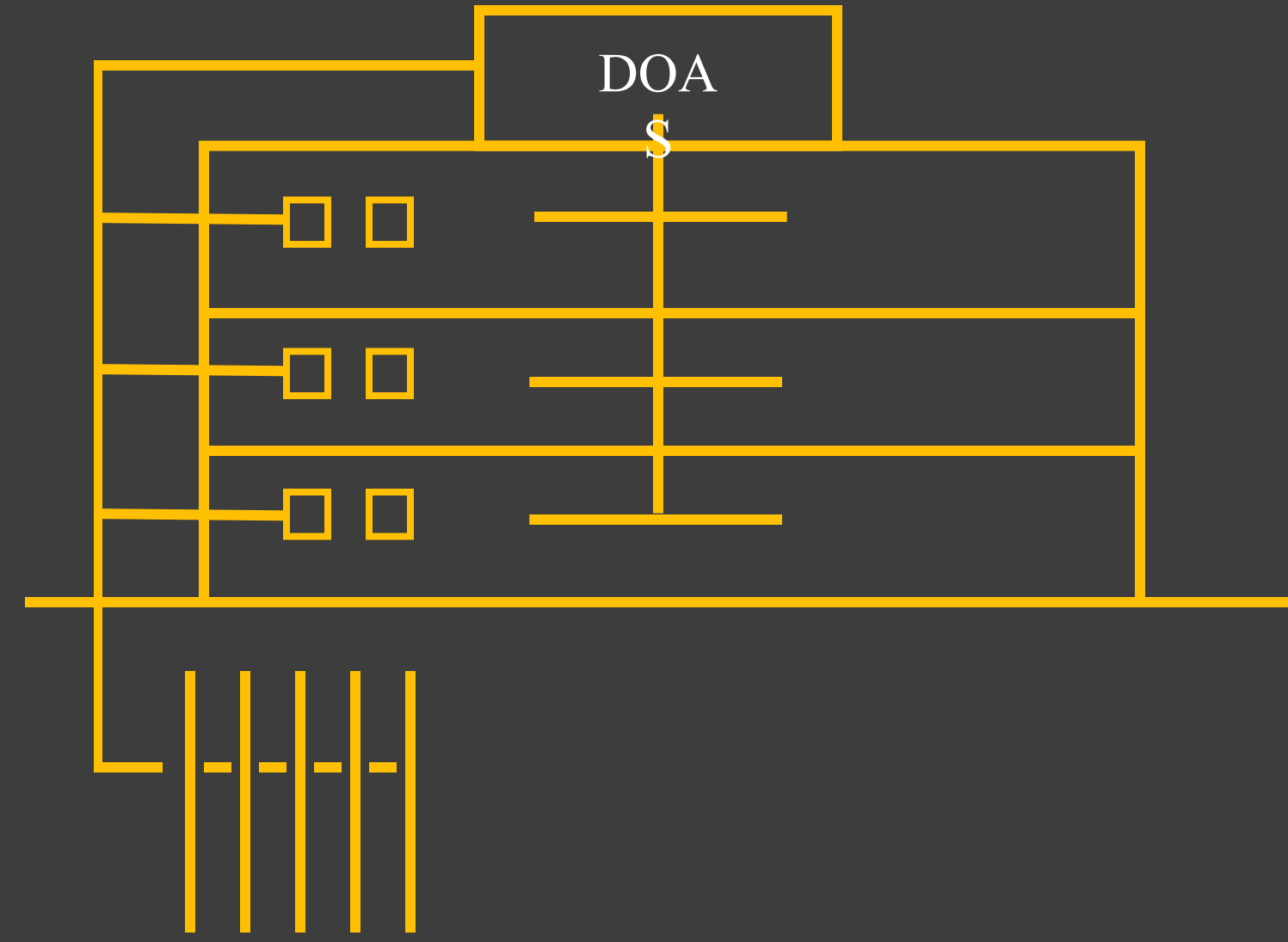
Alternative 2: DOAS + Heat Pumps

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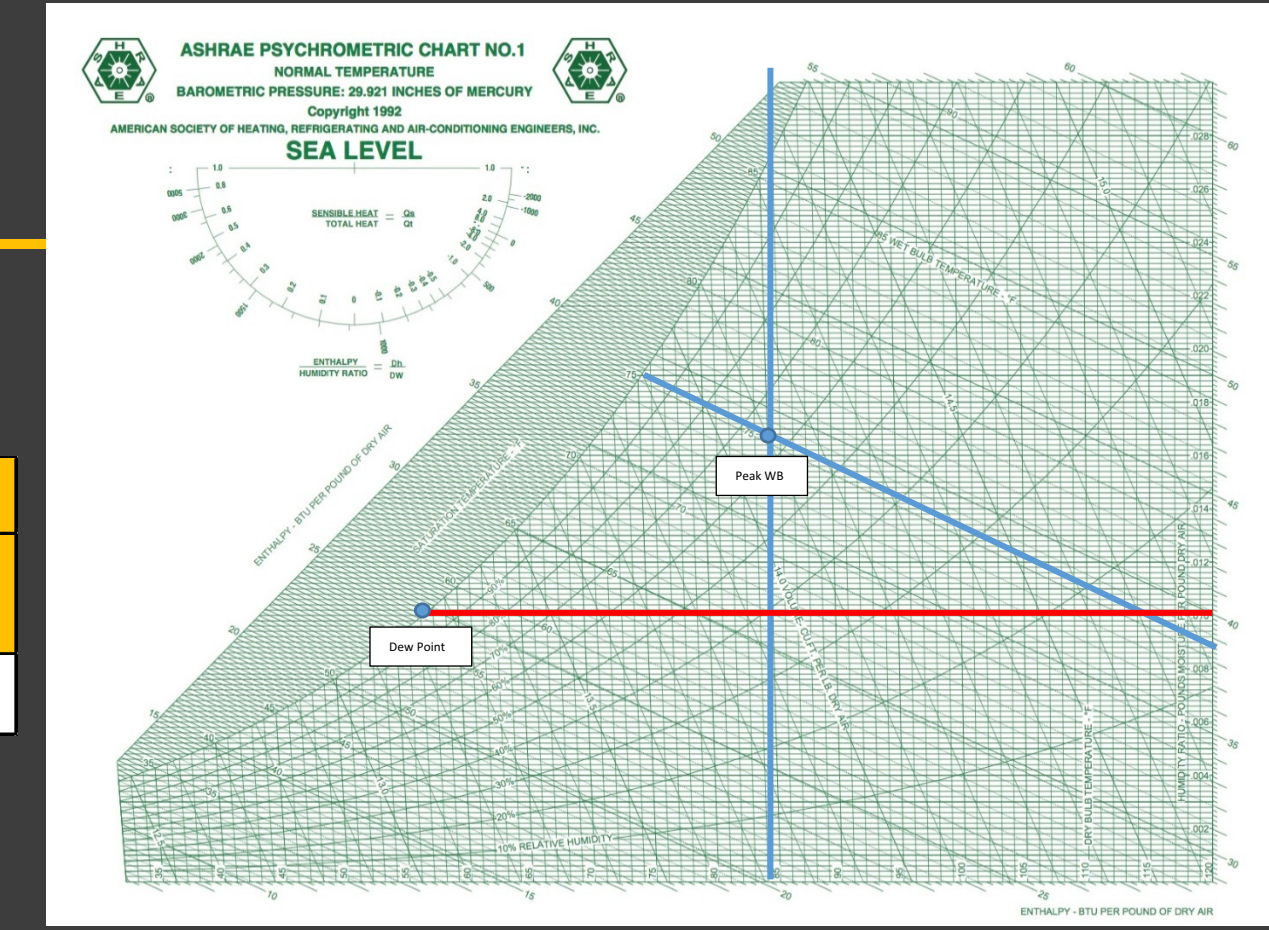
Conclusion



DOAS

Equipment Sizing

Zone Latent Load		
Zone	Total Area (ft ²)	Latent Load (Btu/hr)
Health Center / Aerobic Rooms	30,340	864,000



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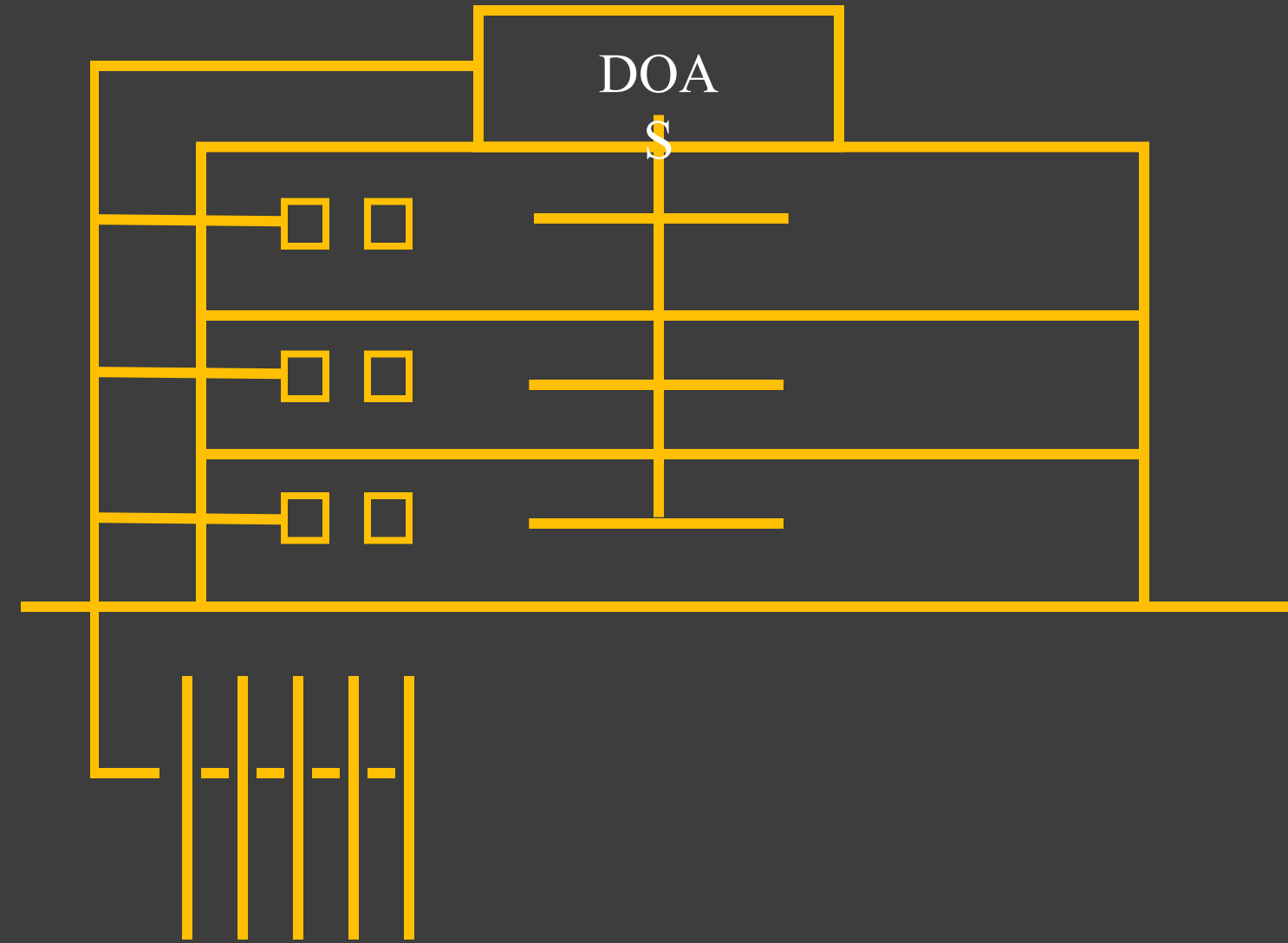
Alternative 2: DOAS + Heat Pumps

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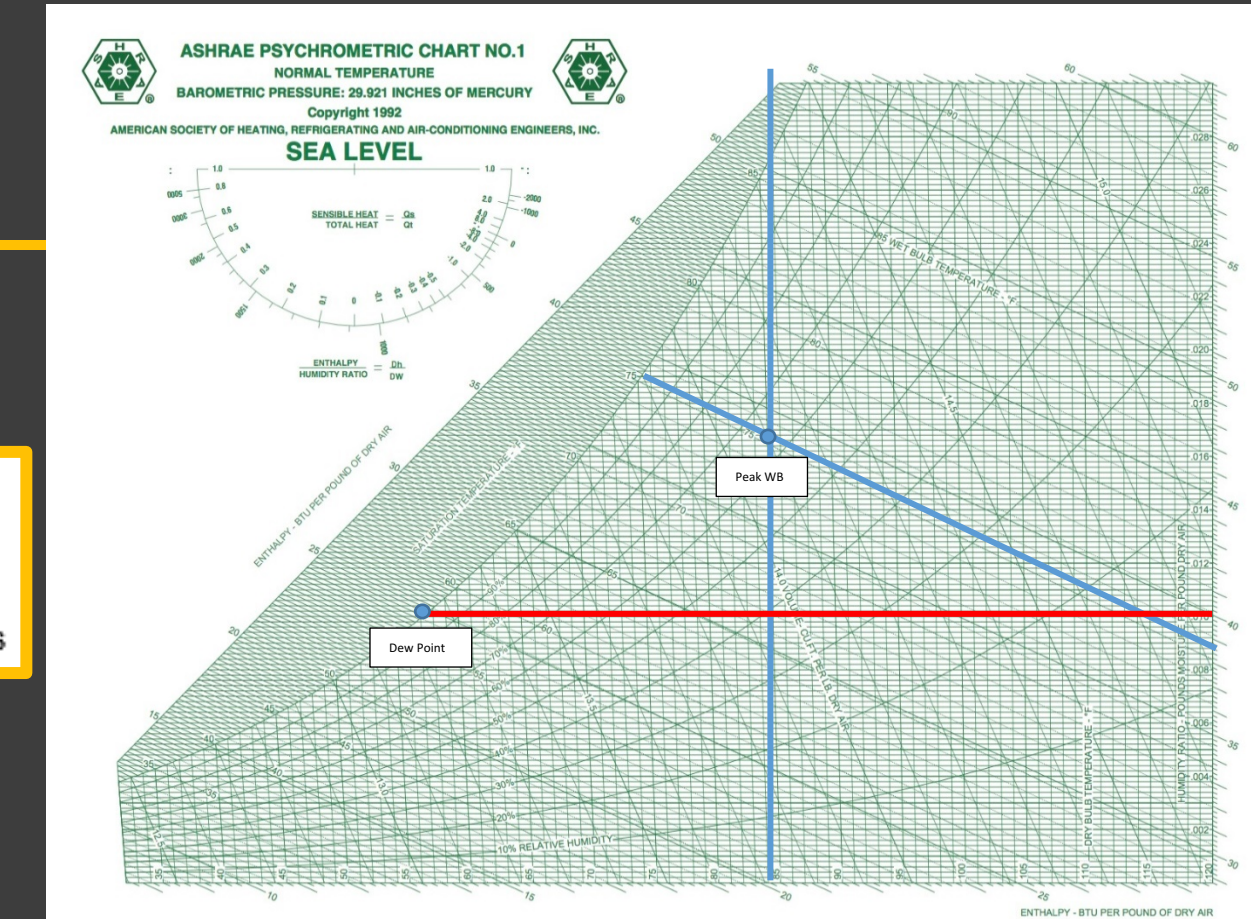
Conclusion



DOAS Equipment Sizing

$$Q_T = 4.5(\text{CFM Required})(H_{sp} - H_{ca})$$
$$Q_T = 4.5(25821)(38.7 - 24.9)$$
$$Q_T = 1603484.1 \text{ Btu/hr} = 133.6 \text{ Tons}$$

133.6
Tons



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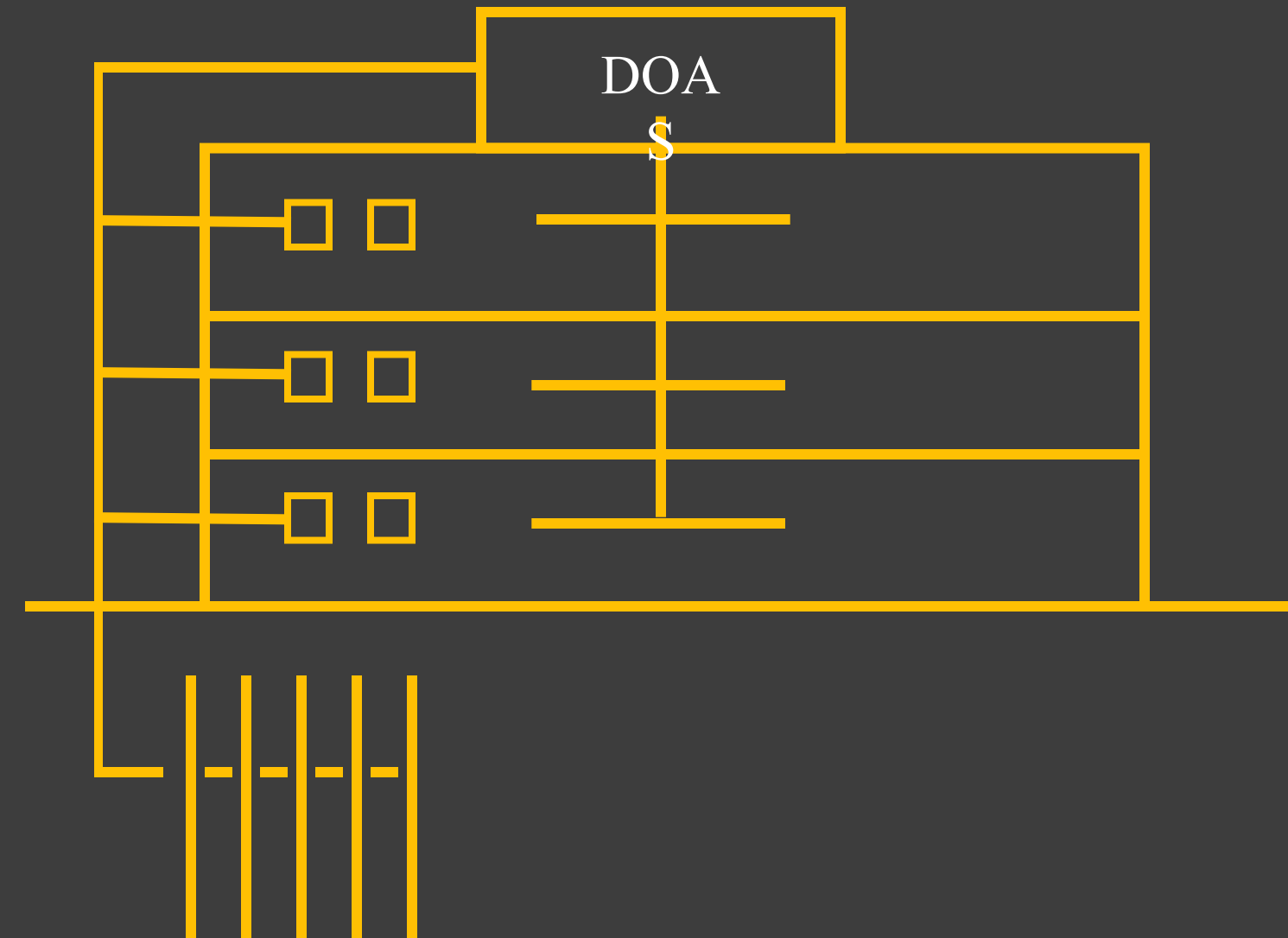
Alternative 2: DOAS + Heat Pumps

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Heat Pump Schedule

Heat Pump Schedule			
Occupancy Type	Location	Capacity Required (tons)	Specified Heat Pumps
Operating Rooms	1st Floor West	27.45	(1) 20 ton (1) 10 ton
Examination Rooms		23	(1) 20 ton (1) 5 ton
Nurse Station	2nd Floor West	17	(6) 20 ton
Treatment Rooms	1st Floor West	10	(1) 10 ton
Shared Waiting Room	1st Floor West	25	(1) 20 ton (1) 5 ton
Conference	2nd Floor West	9	(1) 10 ton
Retail	1st Floor Center	8	(2) 5 ton
Dining		6.6	(1) 10 ton
Offices		8	(2) 10 ton
Laundry/Storage		2	(1) 5 ton
Pools	1st Floor East	10	(1) 10 ton
Lockers/Bathrooms (Male)	1st Floor East	60	(3) 20 ton
Lockers/Bathrooms (Female)		6	(3) 2 ton
Lockers (Kids)		7.5	(1) 10 ton
Equipment Room	1st Floor East	6	(1) 5 ton (1) 2 ton
	2nd Floor Center	5	(1) 5 ton
Health Center/ Aerobic Rooms	2nd Floor Center	60	(6) 10 ton
	2nd Floor East	94	(2) 20 ton
			(5) 10 ton (1) 5 ton

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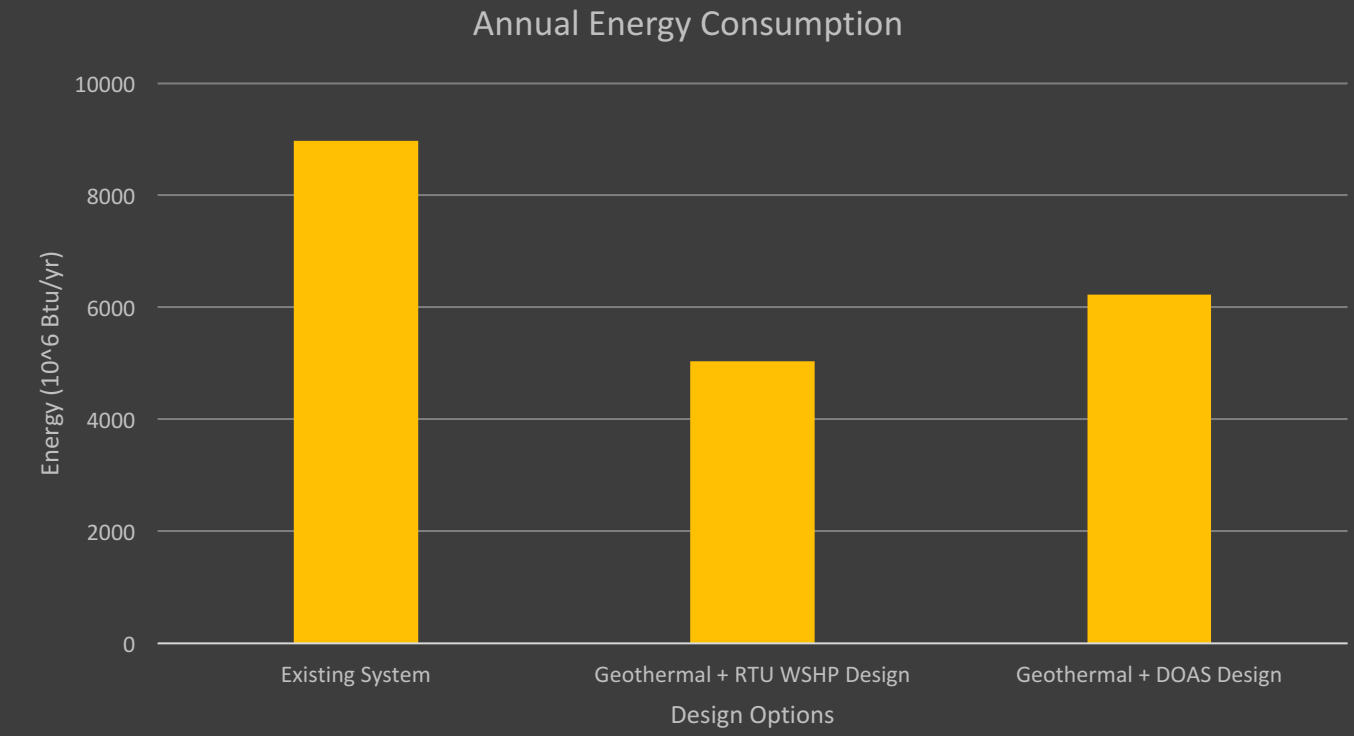
Energy Consumption & Emissions

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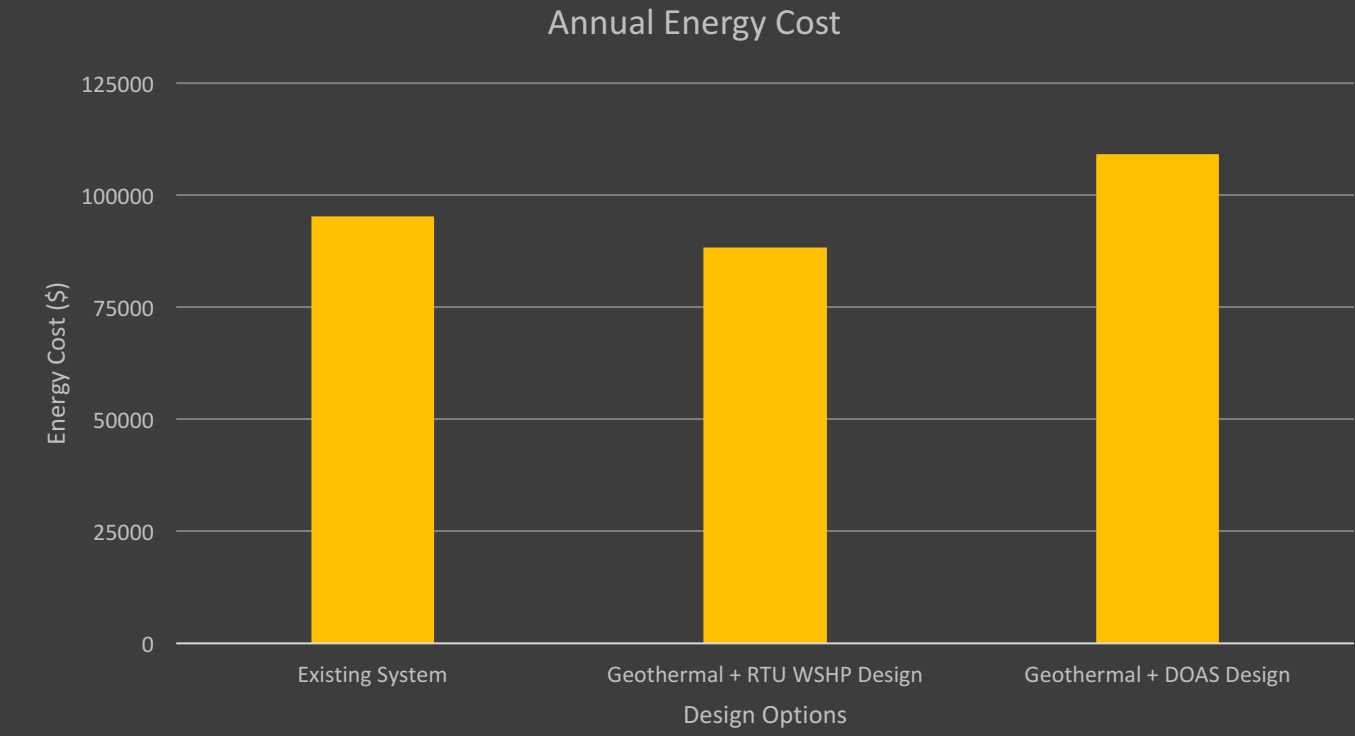
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Annual Energy Consumption Comparison



Annual Energy Cost Comparison



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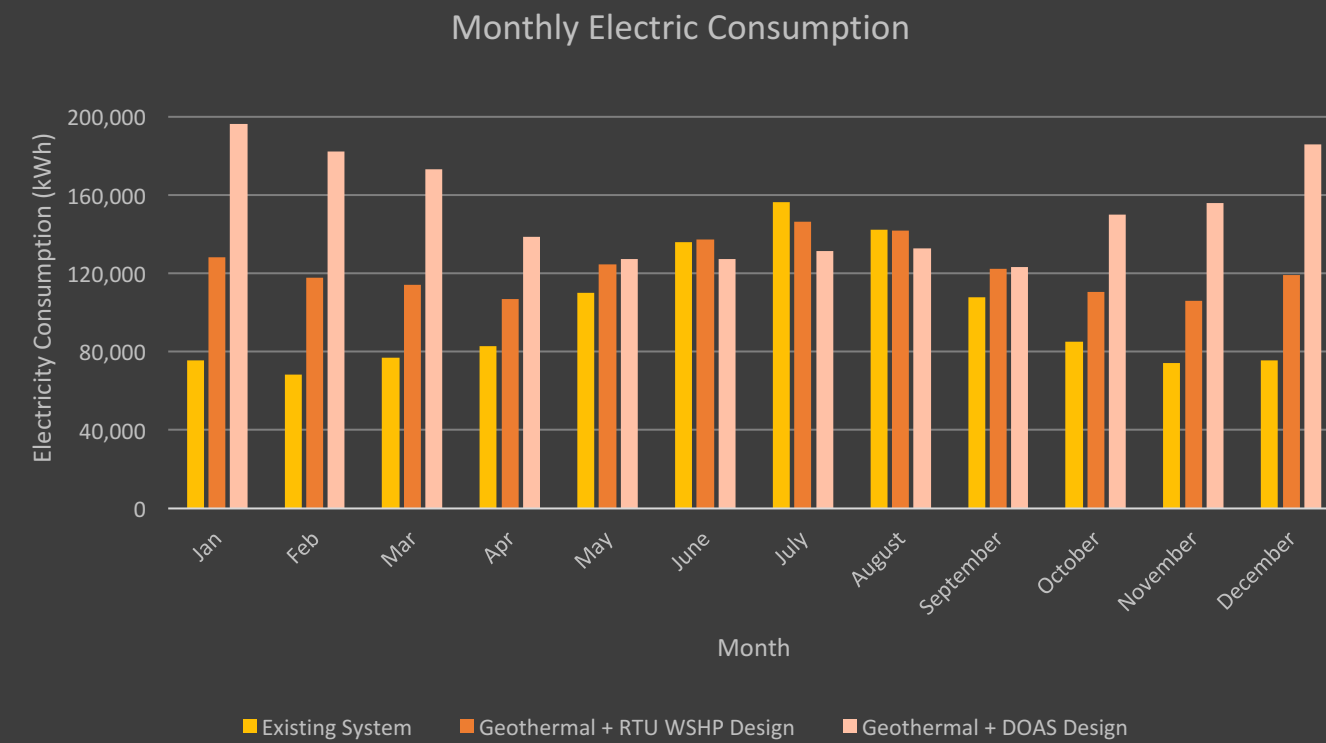
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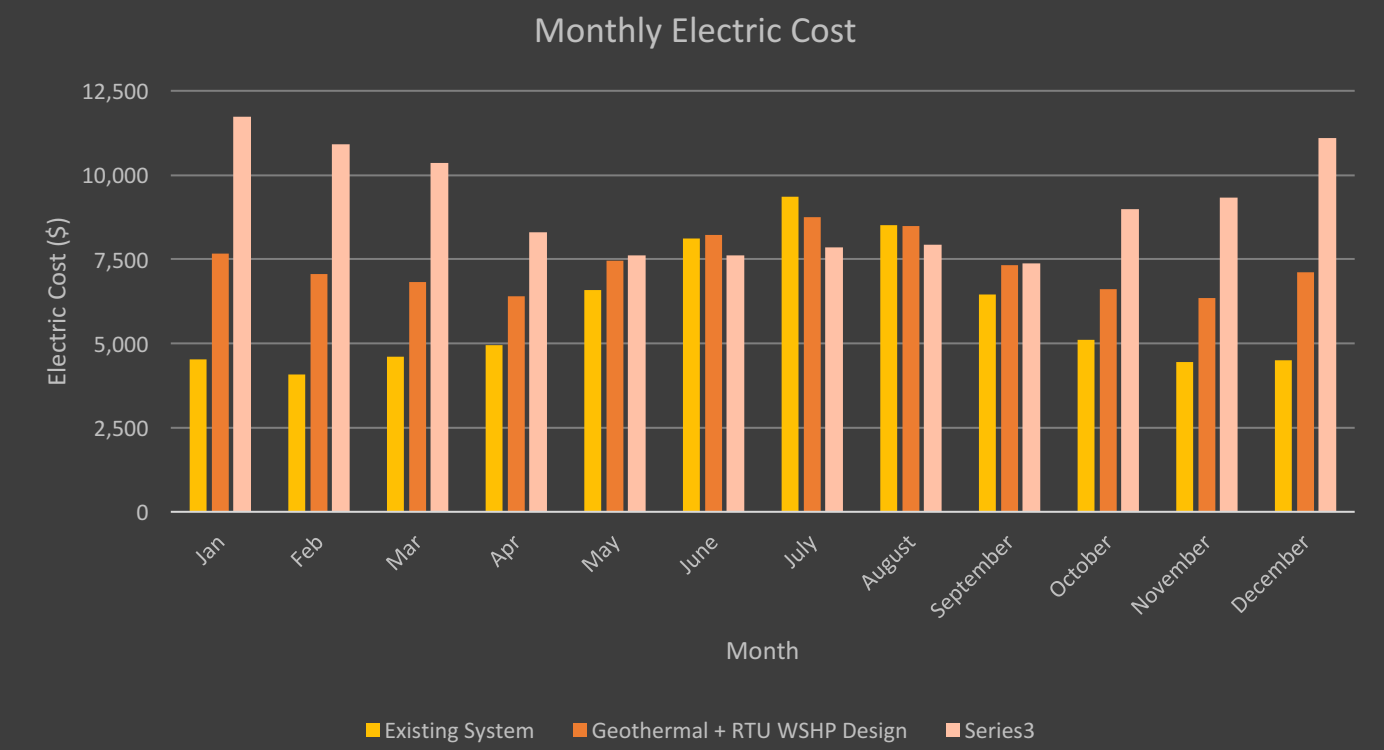
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Monthly Electric Consumption Comparison



Monthly Electric Cost Comparison



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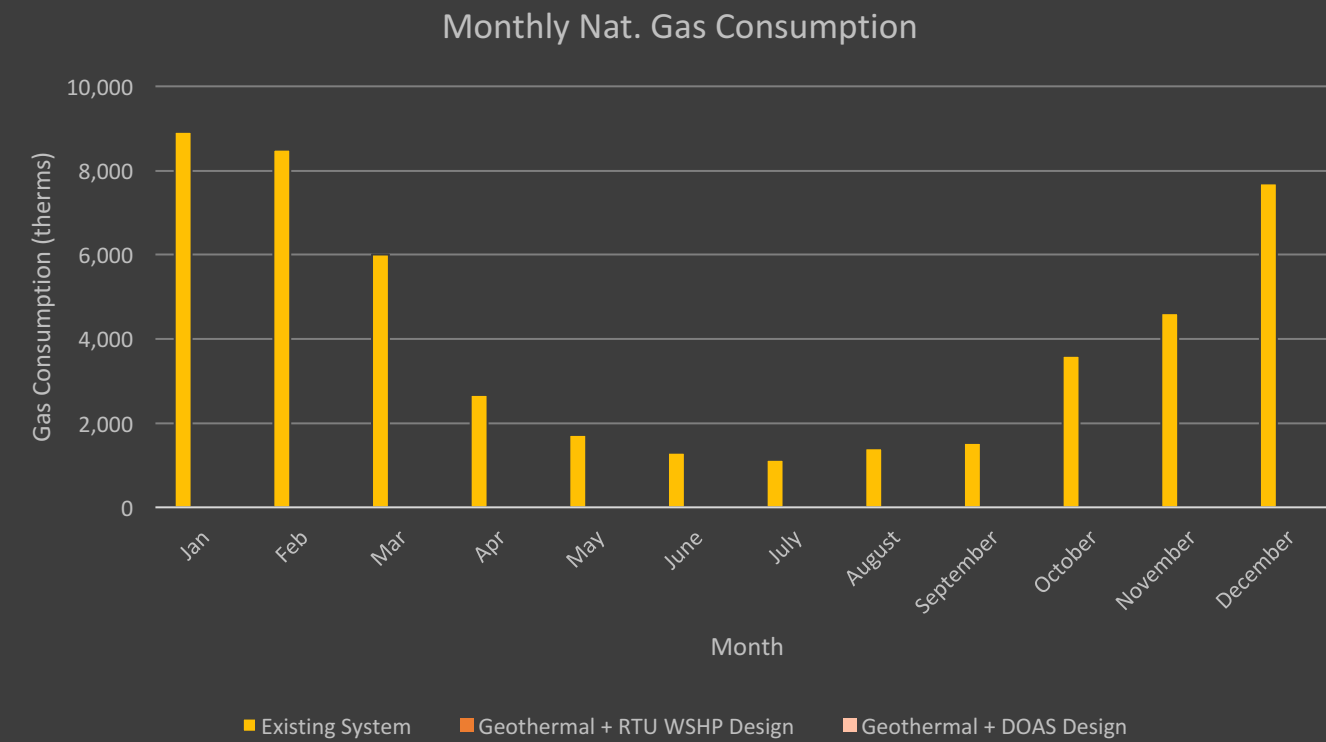
Energy Consumption & Emissions

Cost Analysis

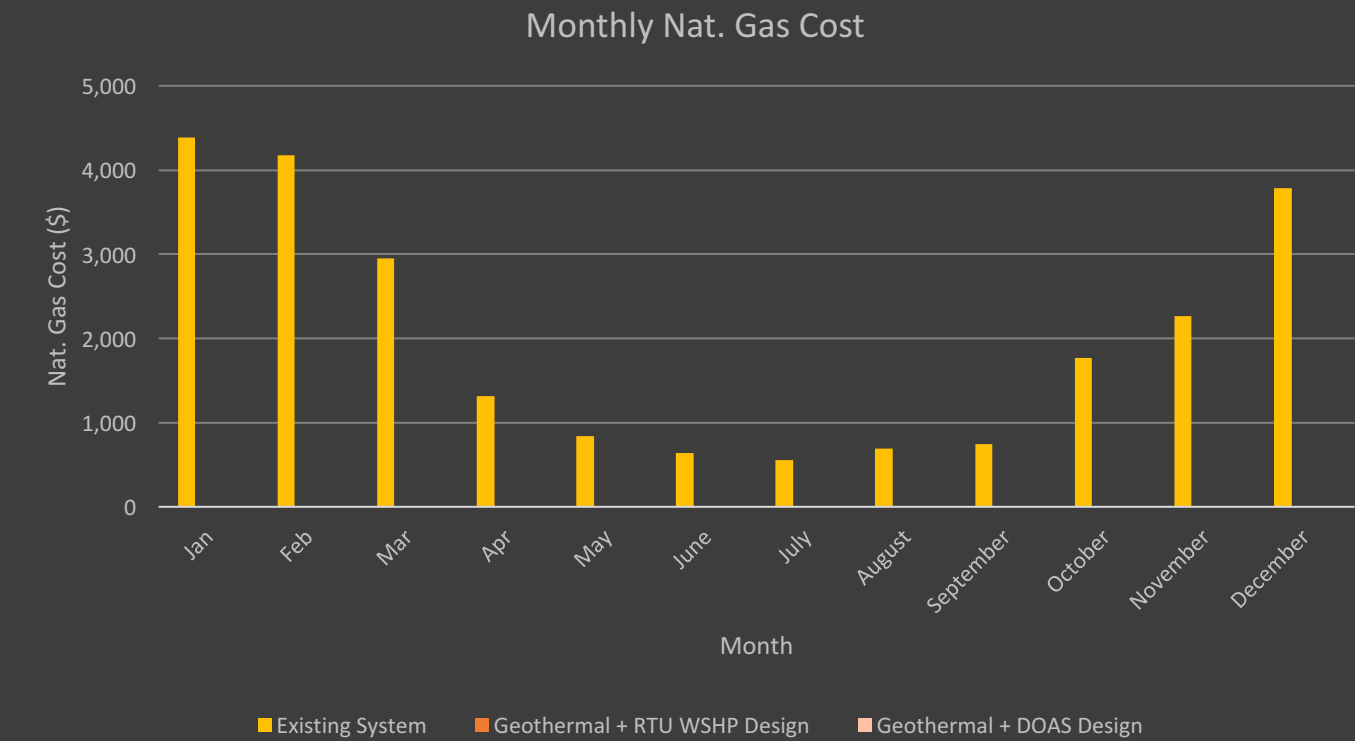
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Monthly Nat. Gas Consumption Comparison



Monthly Nat. Gas Cost Comparison



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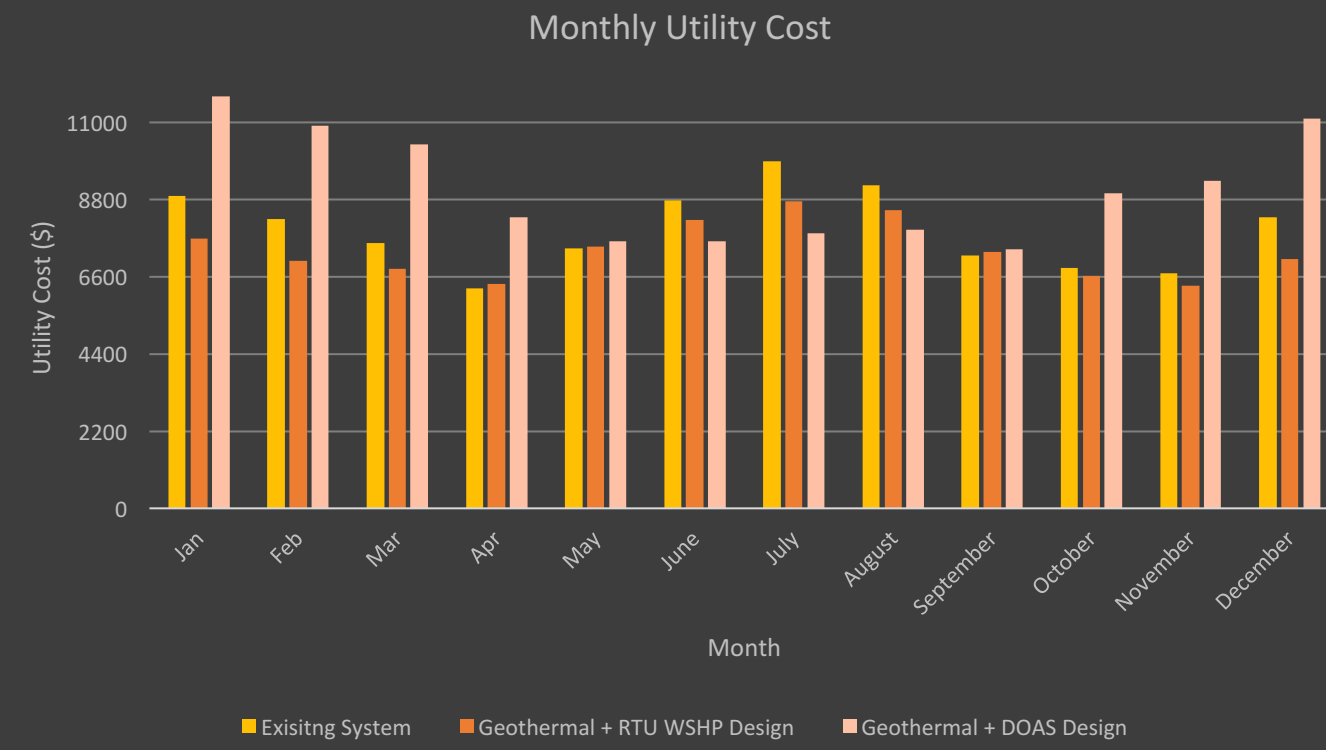
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Monthly Utility Cost Comparison



SAVINGS ?

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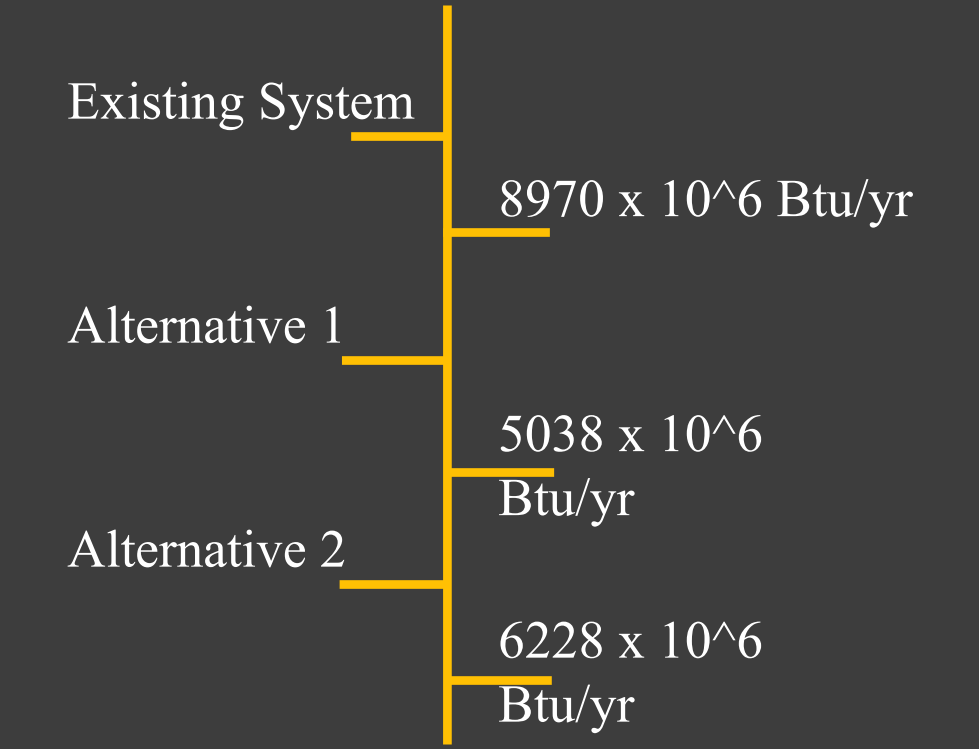
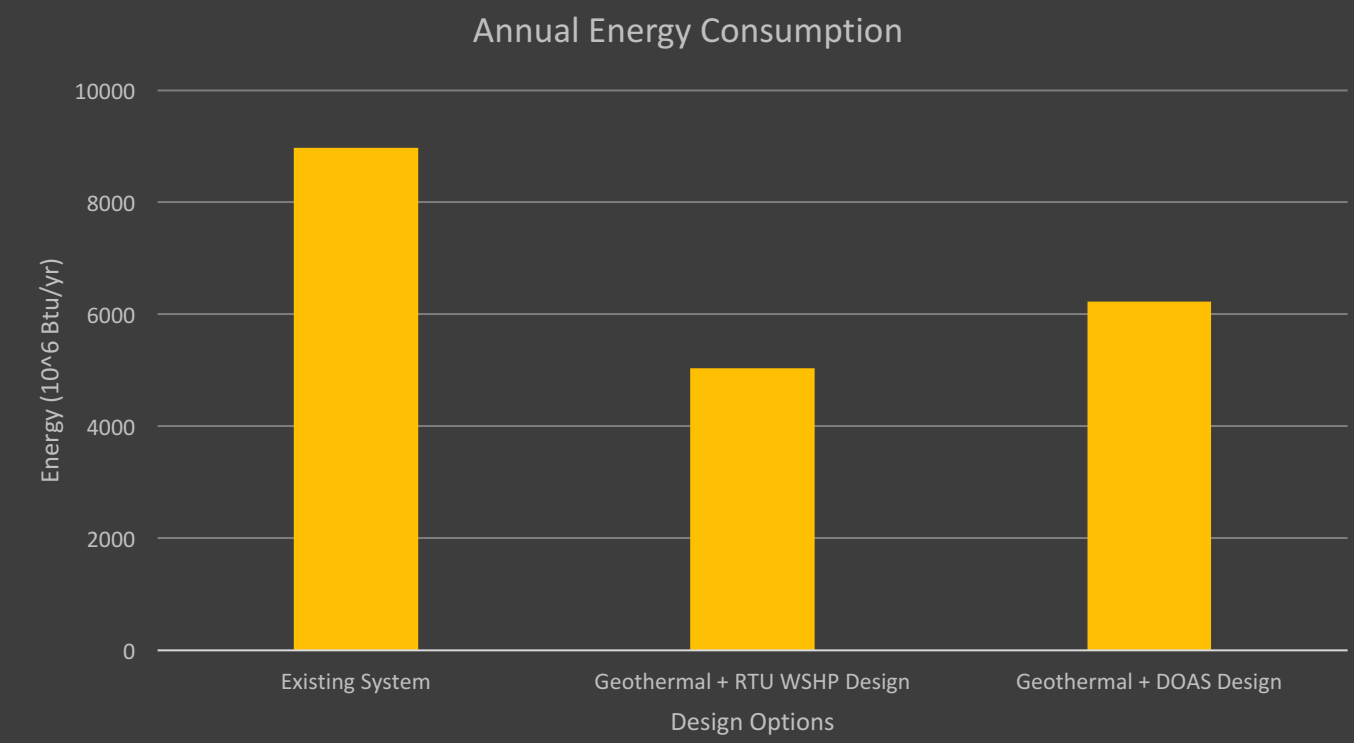
Energy Consumption & Emissions

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Annual Energy Consumption Comparison



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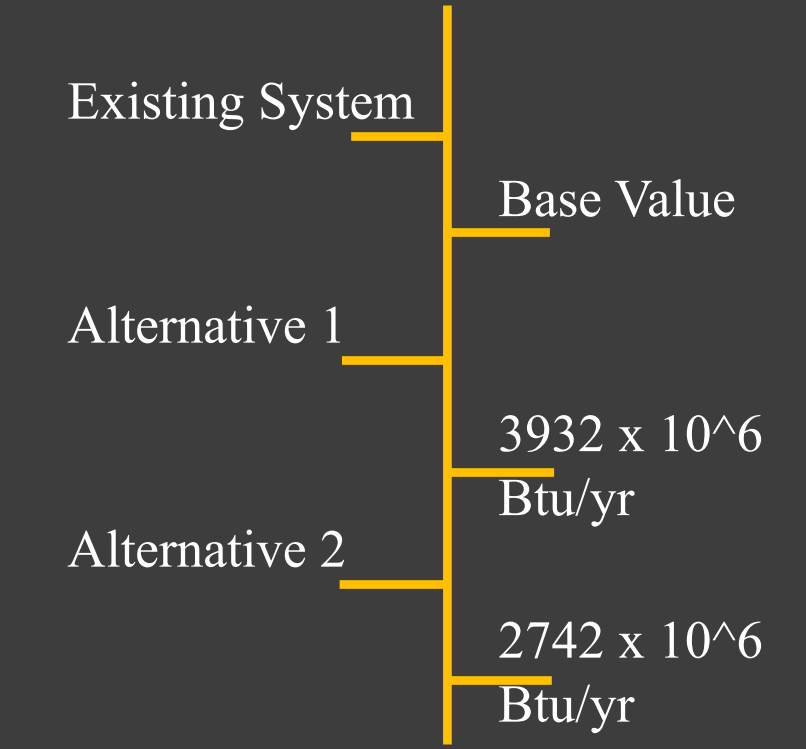
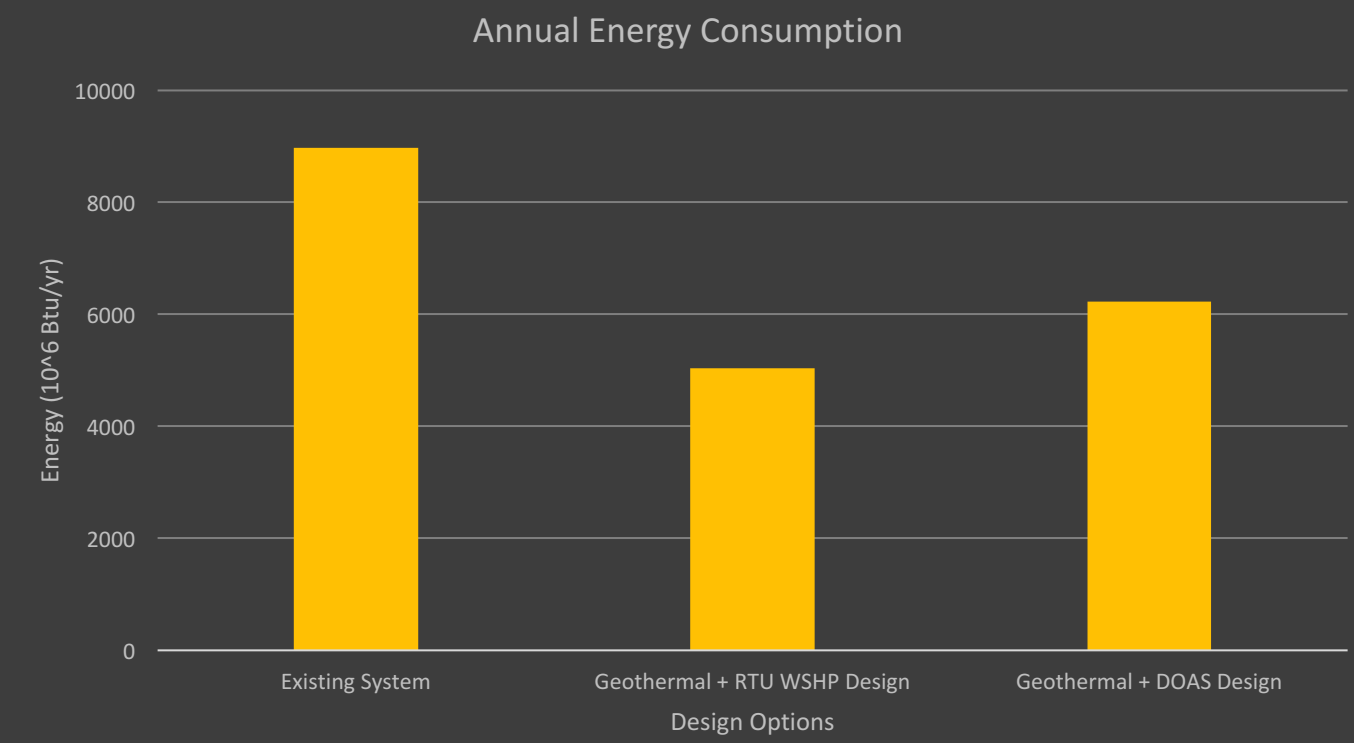
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Mount Carmel Fitness & Health Center

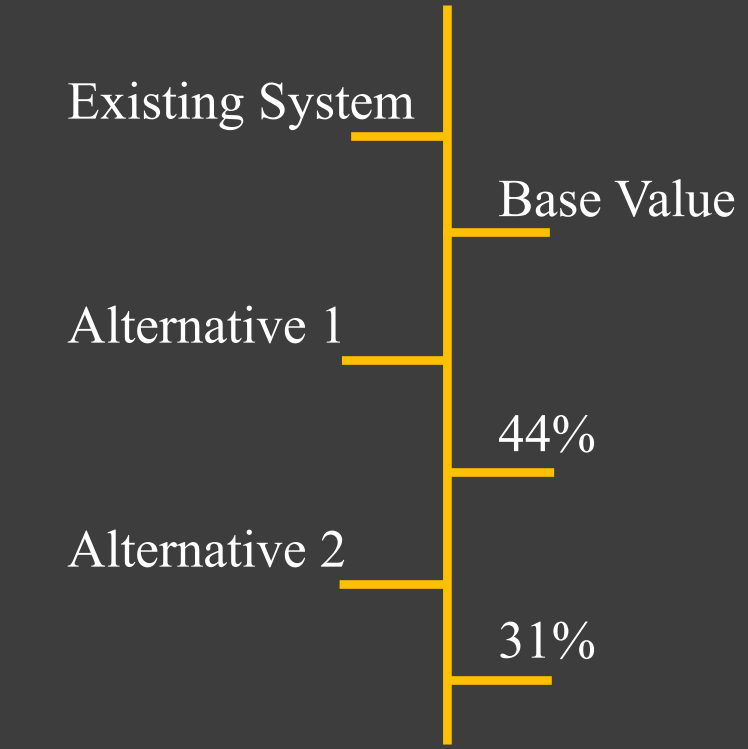
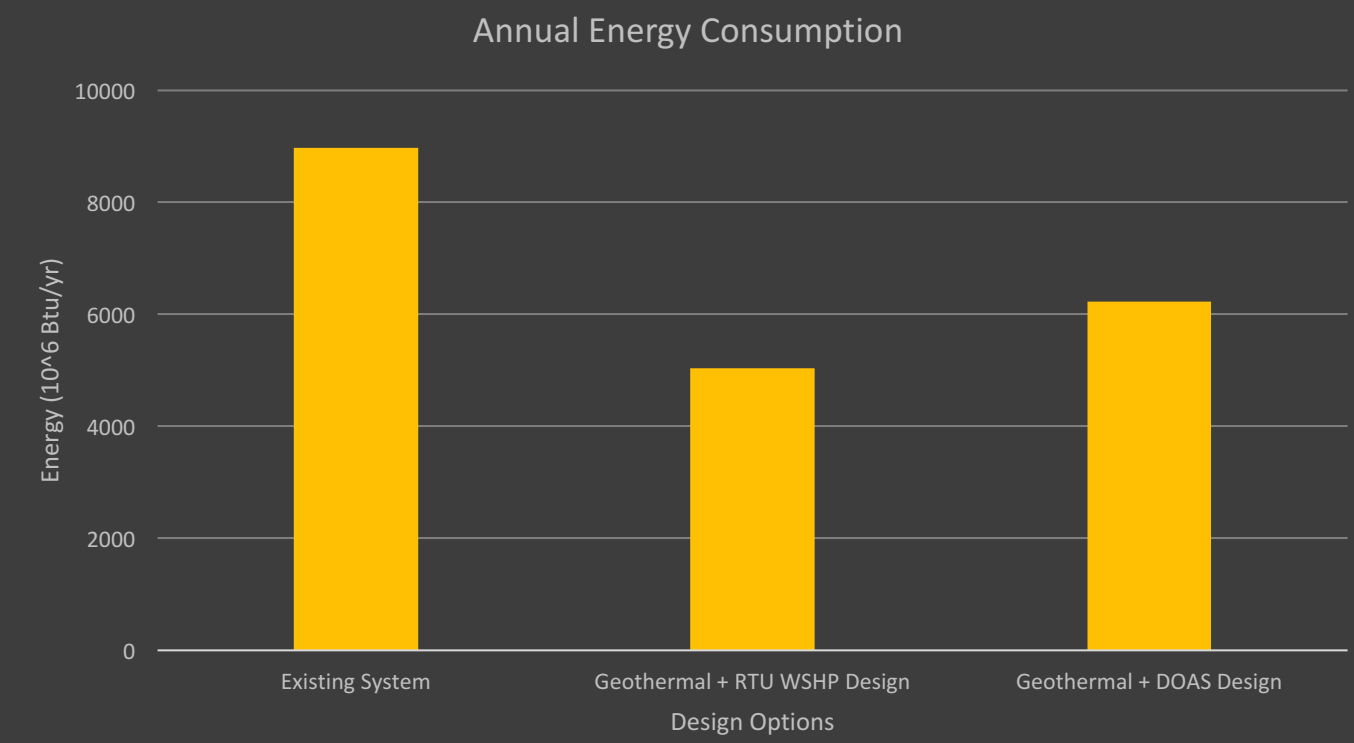
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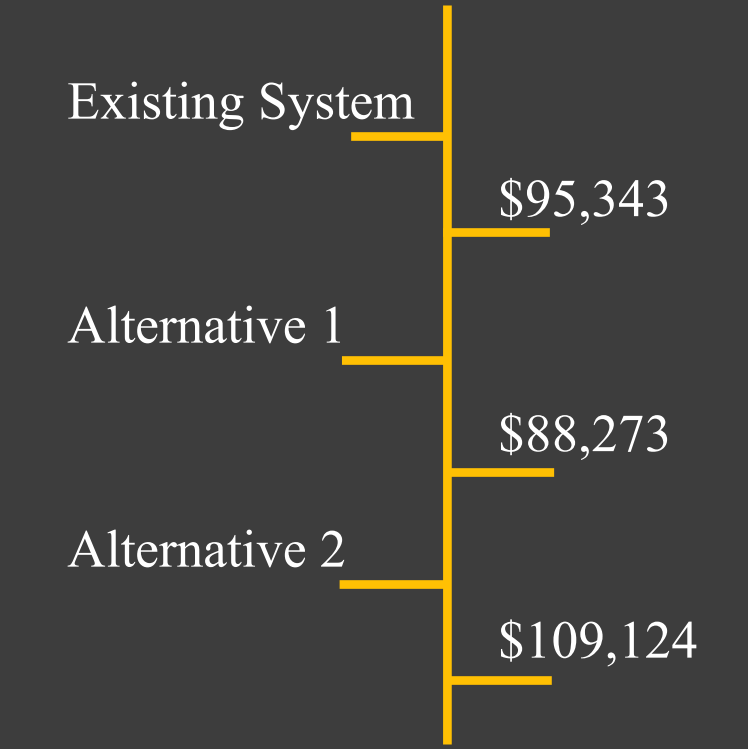
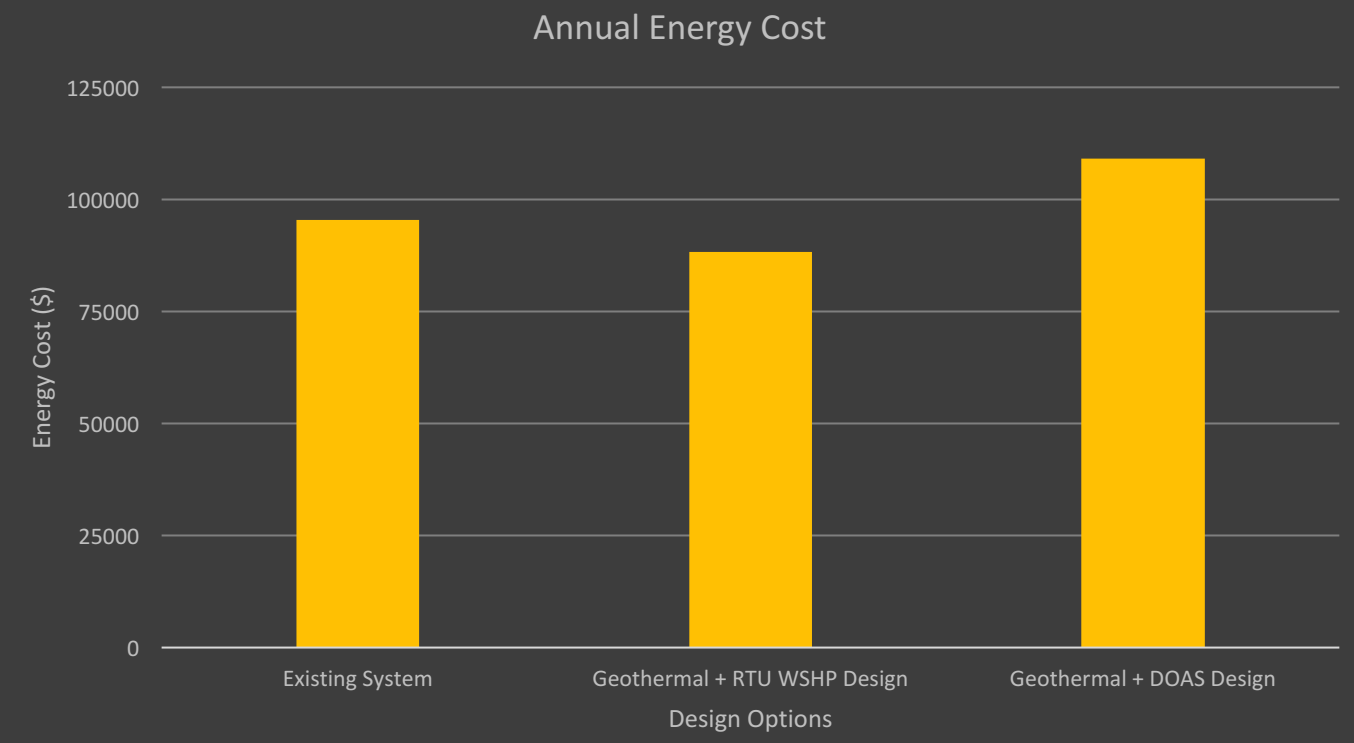
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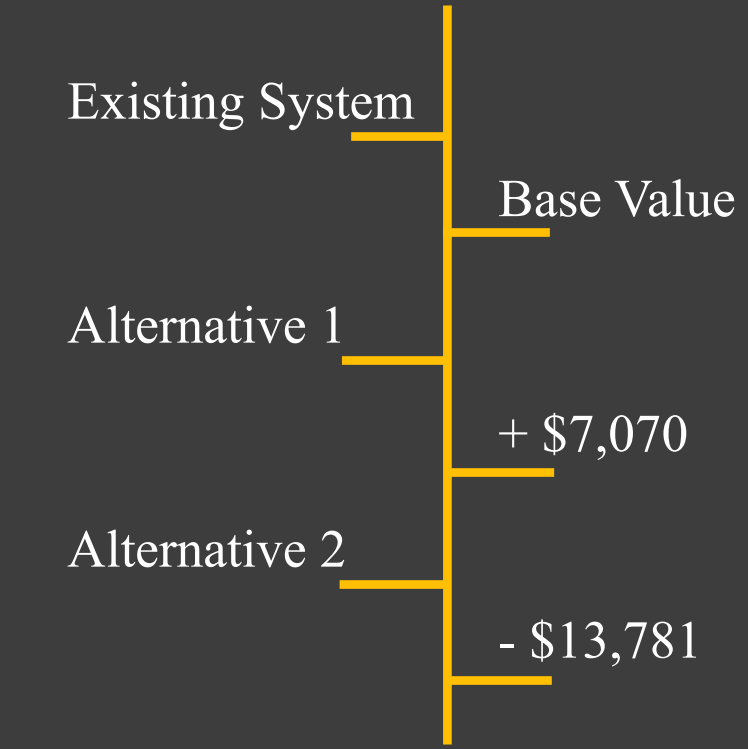
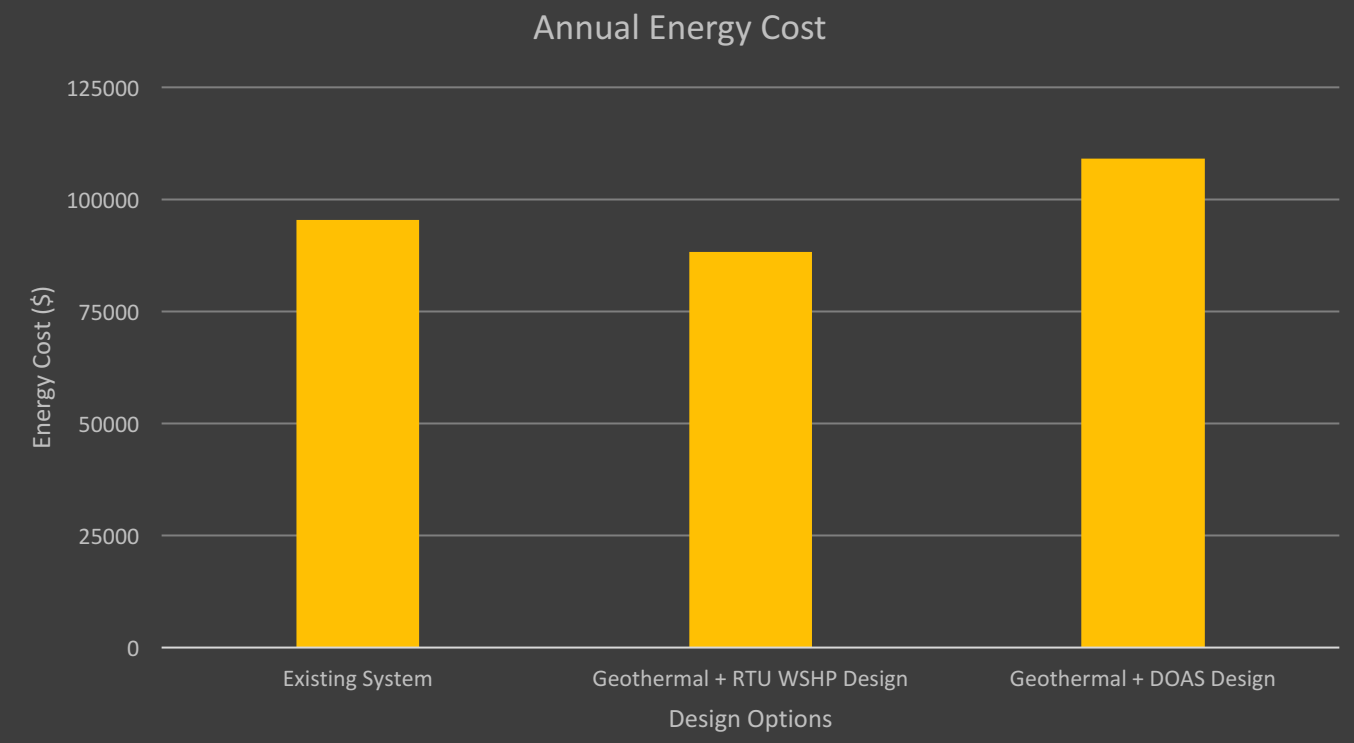
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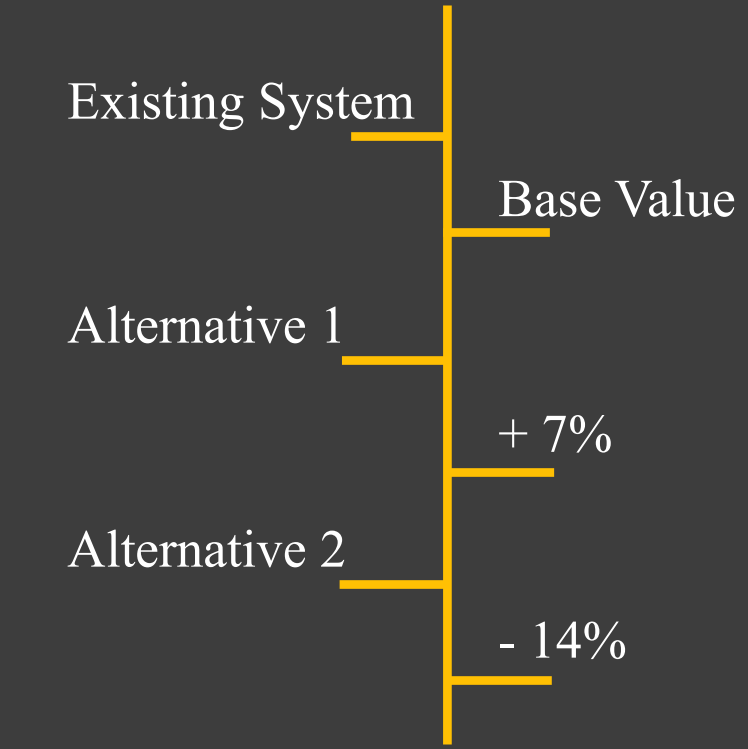
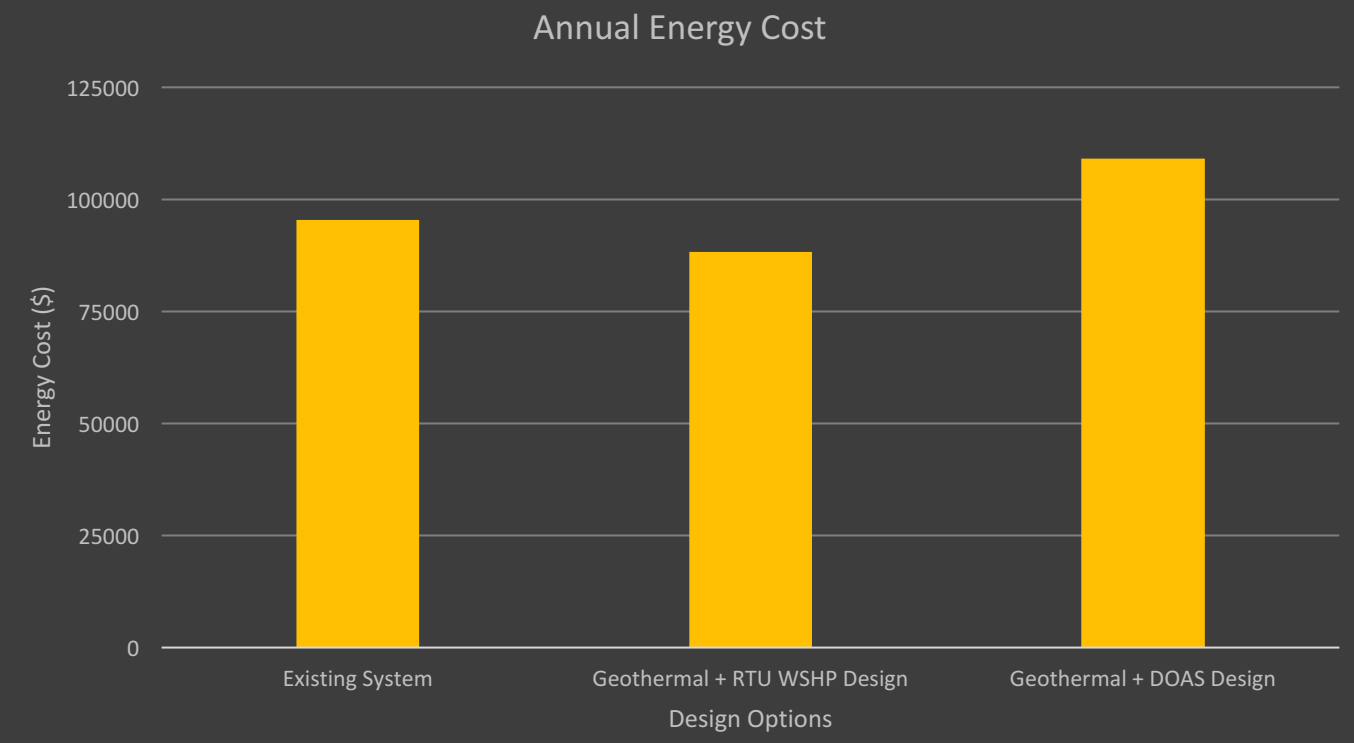
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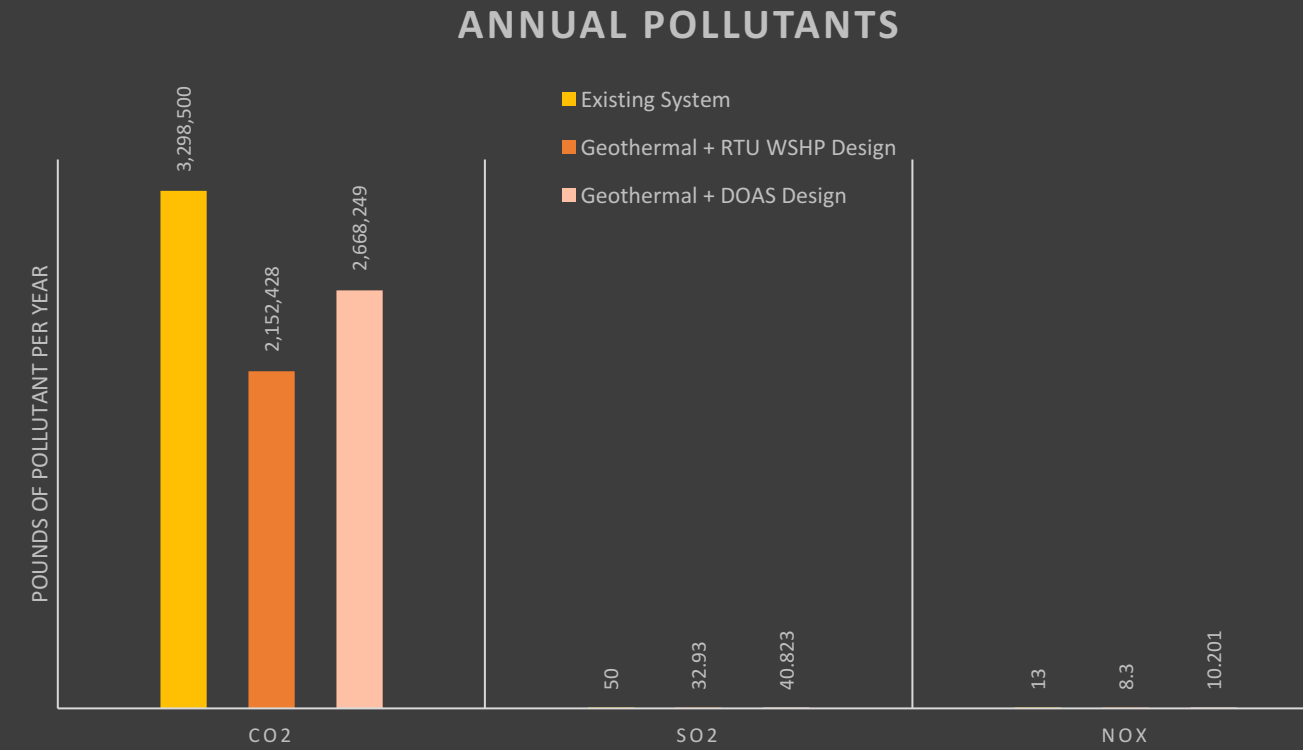
Energy Consumption & Emissions

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Annual Emissions Comparison



Difference in Total Annual Emissions						
System	Pollutant	Total Emissions (lb/yr)	Percent Decrease	(%)		
Existing System	CO2	3298500				
	SO2	50				
	NOX	13				
Geothermal + RTU WSHP Design	CO2	2152428				35
	SO2	33				34
	NOX	8.3				36
Geothermal + DOAS Design	CO2	2668249				19
	SO2	40.8				18
	NOX	10.2	22			

Difference in Total Annual Emissions

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Systems Cost Analysis

Existing System				
Unit	Takeoff Quantity		Total Cost/Unit (\$)	Total Amount
RTU - 1	15000	CFM	4.38	\$ 65,700.00
RTU - 2	13000	CFM		\$ 56,940.00
RTU - 3	15000	CFM		\$ 65,700.00
RTU - 4	11200	CFM		\$ 49,056.00
RTU - 5	11200	CFM		\$ 49,056.00
RTU - 6	25000	CFM		\$ 109,500.00
RTU - 7	33000	CFM		\$ 144,540.00
RTU - 8	35000	CFM		\$ 153,300.00
Ductwork, Insulation, and air devices	122016	SF	4.12	\$ 502,705.92
Ductless Split System @ Elevators	2	Each	14222	\$ 28,444.00
Air Curtains	4	Each	10122	\$ 40,488.00
Exhaust Fans	5	Each	6112	\$ 30,560.00
Temperature Controls	122016	SF	4.63	\$ 564,934.08
Natural Gas Piping	122016	SF	0.85	\$ 103,713.60
HVAC Total				\$ 1,964,637.60

Existing System 1st Cost

Alternative 1 Geothermal +RTU WSHP Design Cost				
Unit	Takeoff Quantity		Total Cost/Unit (\$)	Total Amount
RTU - 1	26000	CFM	2.98	\$ 77,480.00
RTU - 2	26000	CFM		\$ 77,480.00
RTU - 3	26000	CFM		\$ 77,480.00
RTU - 4	8500	CFM		\$ 25,330.00
Ductwork, Insulation, and air devices	122016	SF	1.96	\$ 239,513.6
Geothermal Cost + Installation	122016	SF	12.88	\$ 1,571,566.08
E-10 5A Water Pumps	2	Each	2894	\$ 5,788.00
Exhaust Fans	2	Each	4285	\$ 8,570.00
HVAC Total				\$ 2,082,845.44

Alternative 1 1st Cost

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Exhaust Fans	5	Each	6112	\$ 30,560.00
Temperature Controls	122016	SF	4.63	\$ 564,934.08
Natural Gas Piping	122016	SF	0.85	\$ 103,713.60
HVAC Total				\$ 1,964,637.60

Existing System 1st
Cost

Alternative 2: Geothermal +DOAS Design Cost				
Unit	Takeoff Quantity		Total Cost/Unit (\$)	Total Amount
DOAS- 1	5000	CFM	2.13	\$ 31950.00
DOAS- 2	5000	CFM		\$ 31950.00
WSHP (5 ton)	8	Each	2490	\$ 19,920.00
WSHP (10 ton)	9	Each	3652	\$ 69,388.00
WSHP (20 ton)	4	Each	6588	\$ 92,232.00
Ductwork, Insulation, and air devices	122016	SF	1.96	\$ 239,5136
Geothermal Cost + Installation	122016	SF	12.88	\$ 1,571,566.08
E-10 5A Water Pumps	2	Each	2894	\$ 5,788.00
Exhaust Fans	3	Each	4285	\$ 12,855.00
HVAC Total				\$ 2,074,800.44

Alternative 2 1st
Cost

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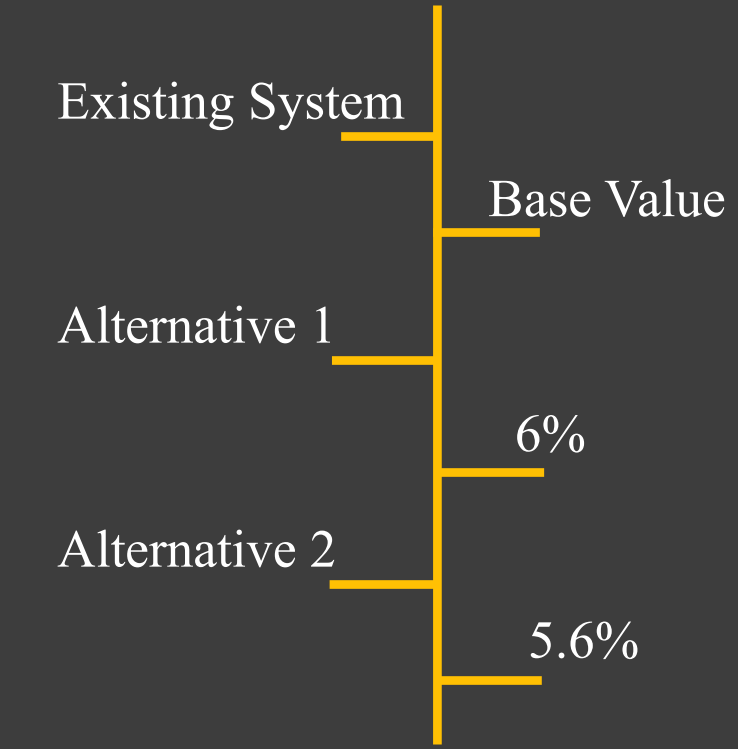
- Geothermal Closed Loop System
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Systems Cost Comparison

Cost Comparison			
Existing System	\$ 1,964,638	Cost Difference	\$ 18,208
Alternative 1	\$ 2,082,845		
Alternative 2	\$ 2,074,800		\$ 10,163



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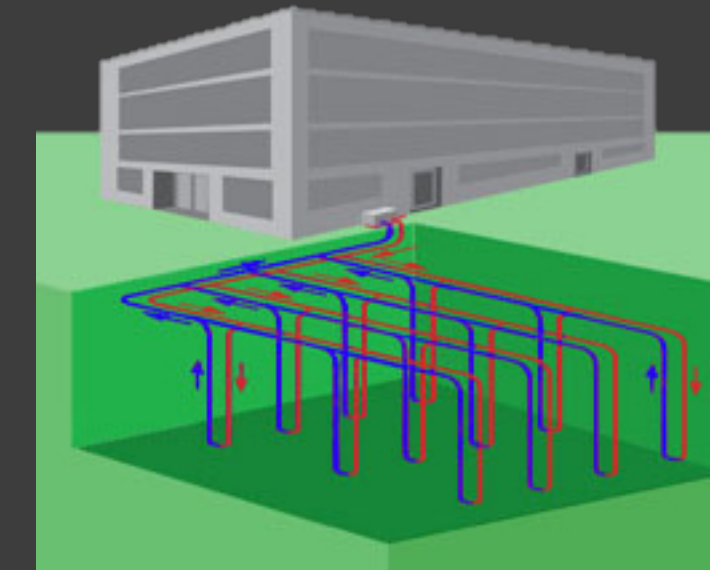
Acoustical Breadth

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Systems Payback Period

System Payback Period			
System	1st Cost	Annual Operation Cost	Payback Period
Existing System	\$ 1,964,637.60	\$ 95,343.00	7
Alternative 1	\$ 2,082,845.44	\$ 88,273.00	

Alternative 1: Roof Top Unit WSHP



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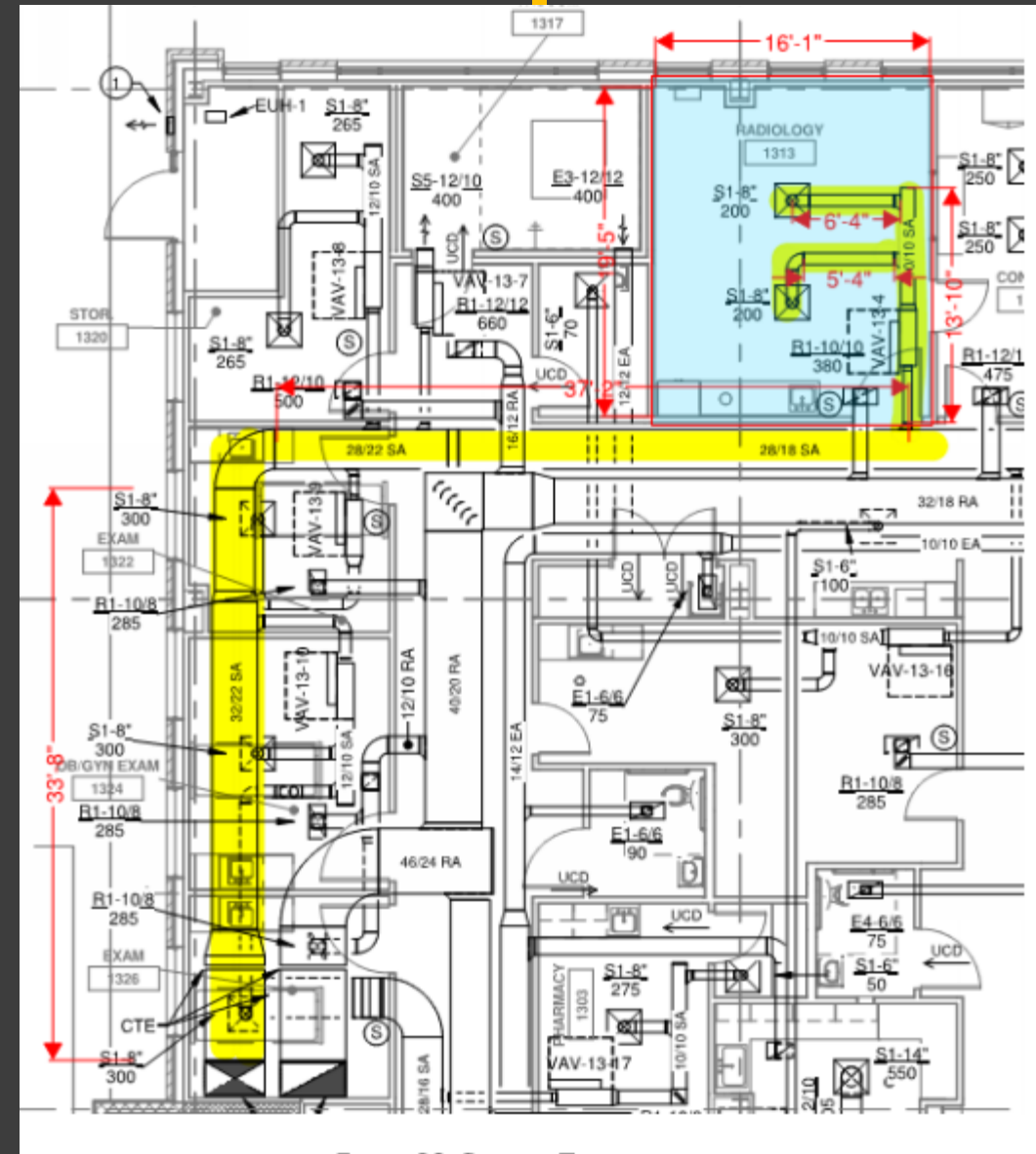
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Existing System

Alternative 1: RTU WSHP

Alternative 2: DOAS + Heat Pumps

Conclusion



Noise Background Level Study

Equipment Sound Pressure Levels

Equipment Sound Pressure Levels							
Equipment Type	63	125	250	500	1000	2000	4000
Existing System RTU - B	87	85	85	85	82	78	75
RTU WSHP	88	84	83	86	83	77	76
DOAS- 1	85	82	82	81	79	71	70
Heat Pump - 3	77	69	66	68	57	53	51



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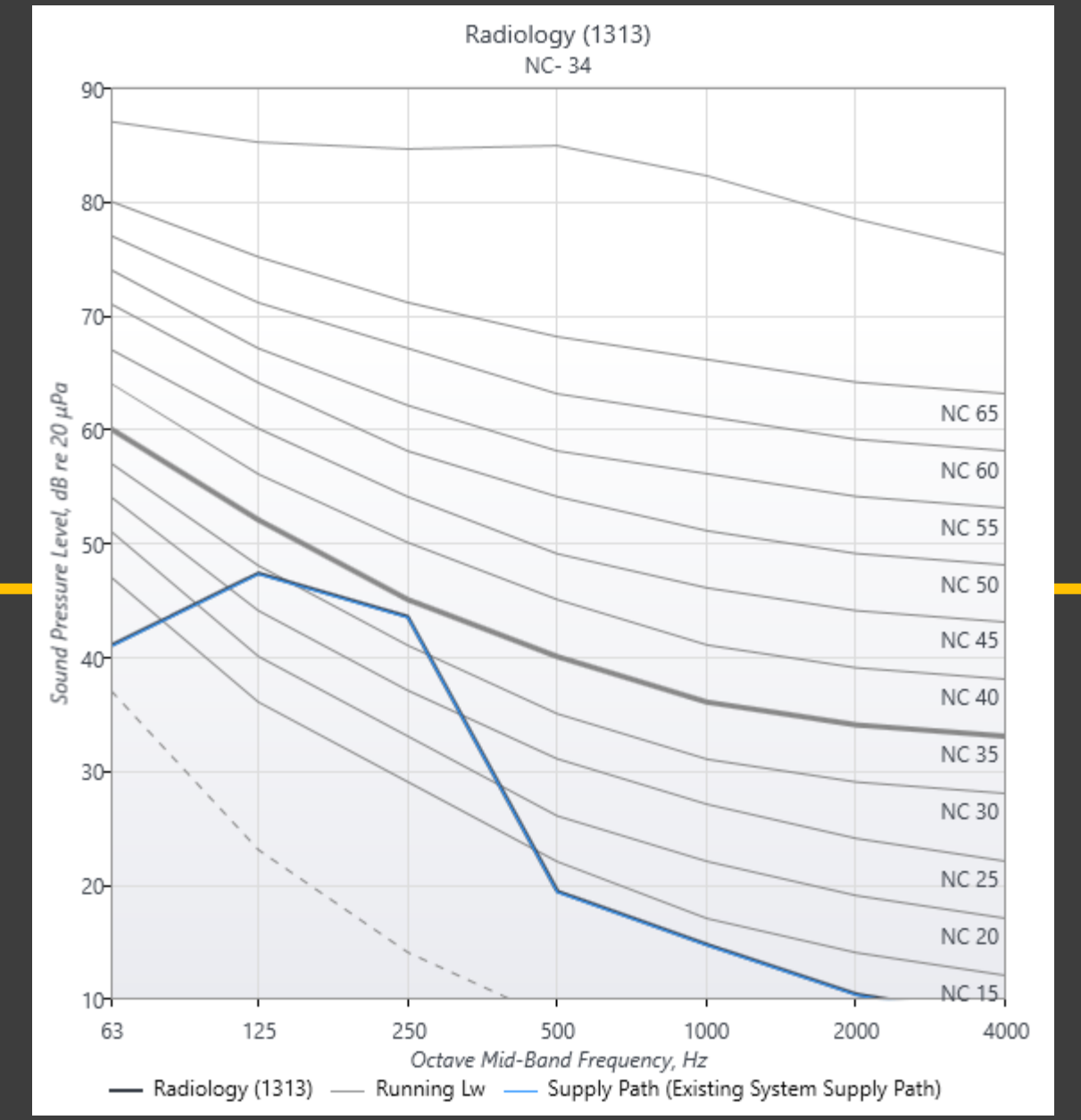
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Existing System

RTU - 13



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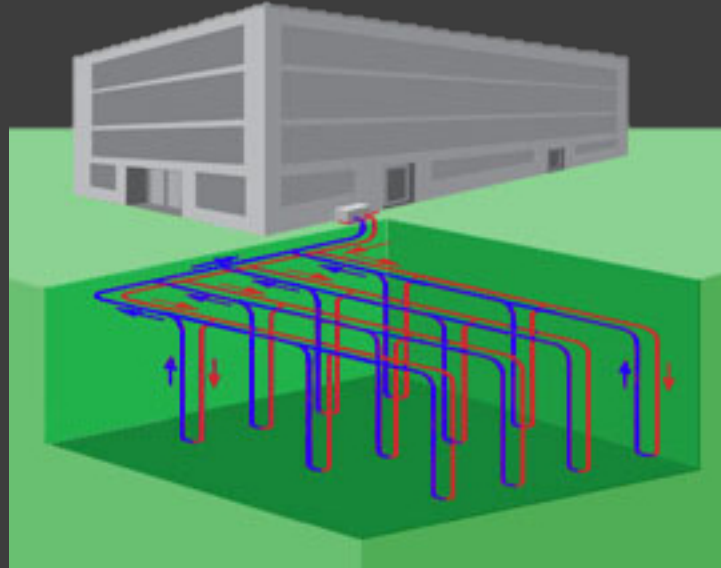
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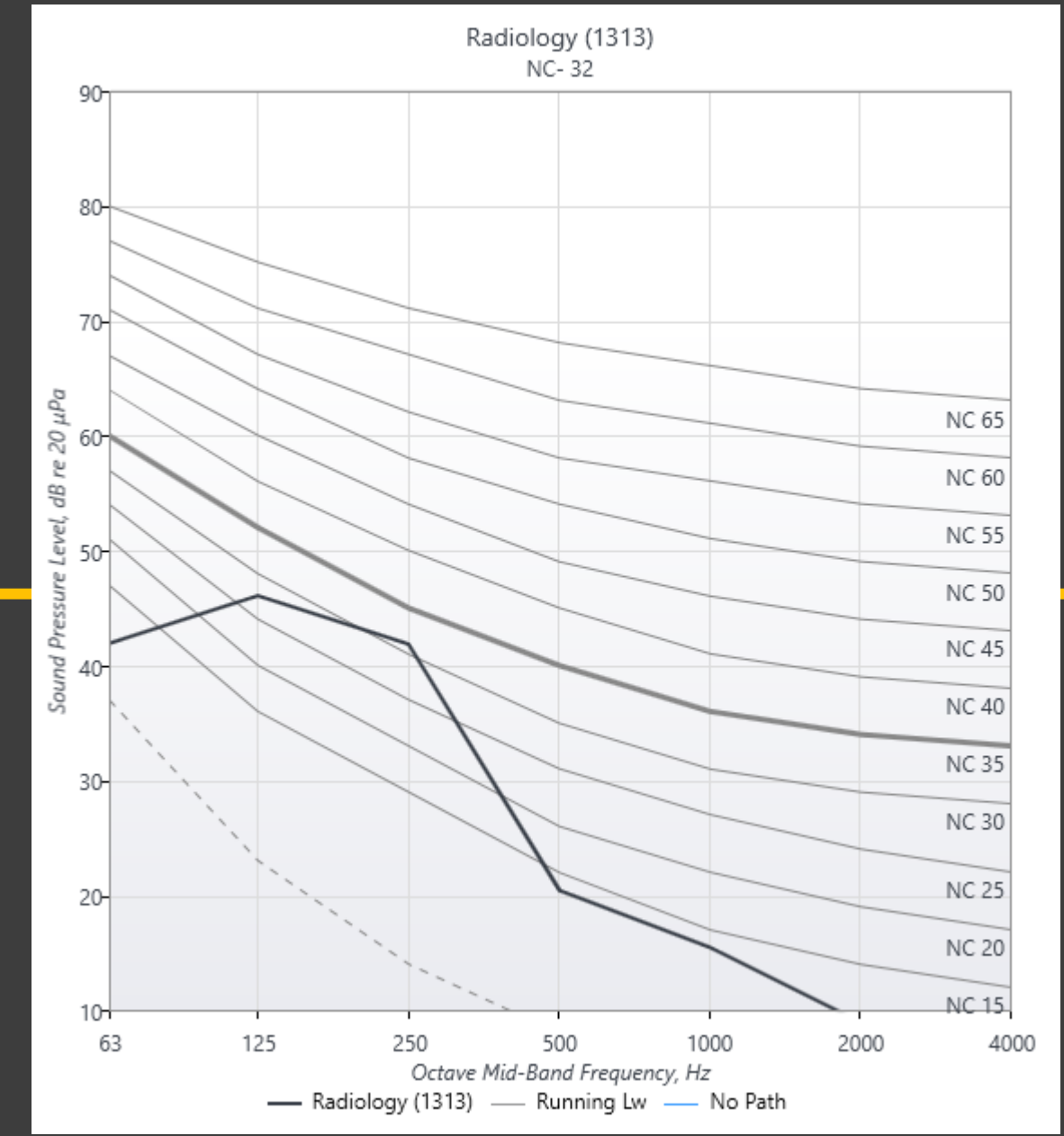
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Alternative 1:

Roof Top Unit WSHP



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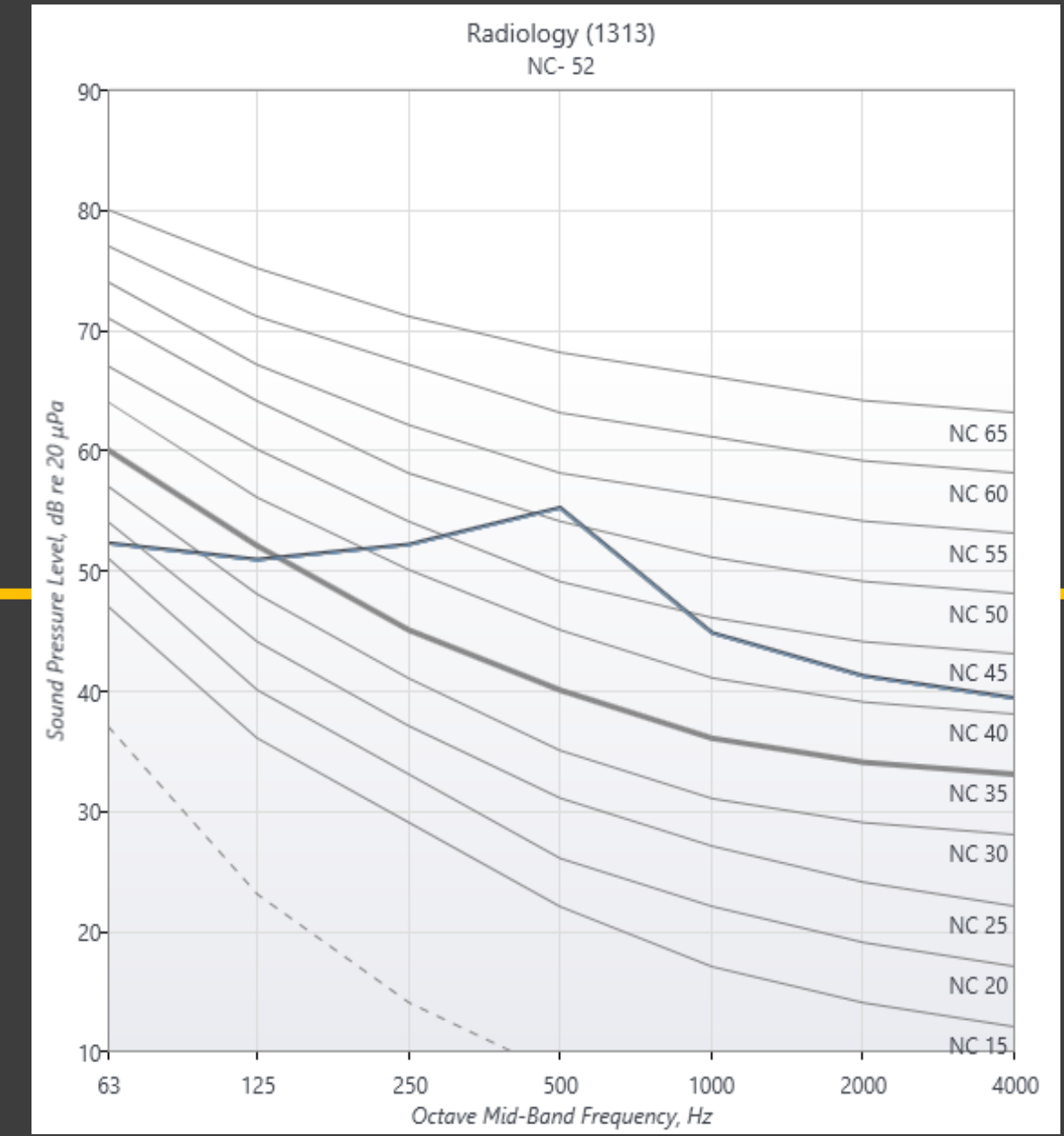
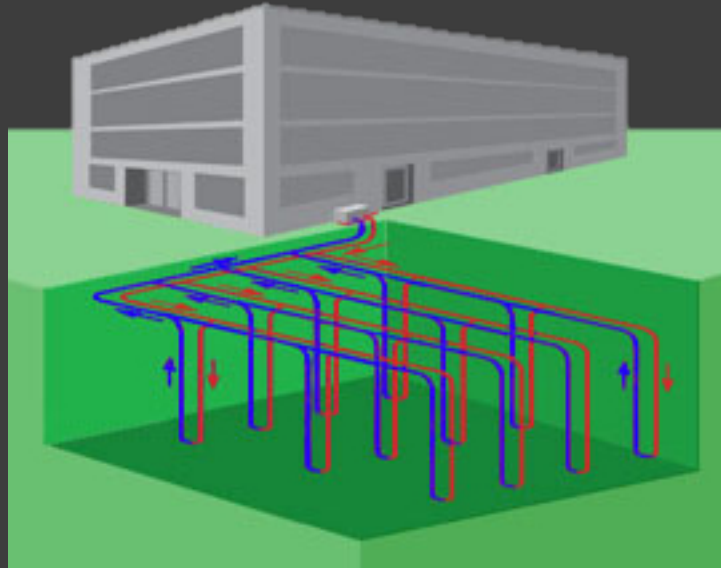
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Alternative 2:

DOAS + Heat Pumps



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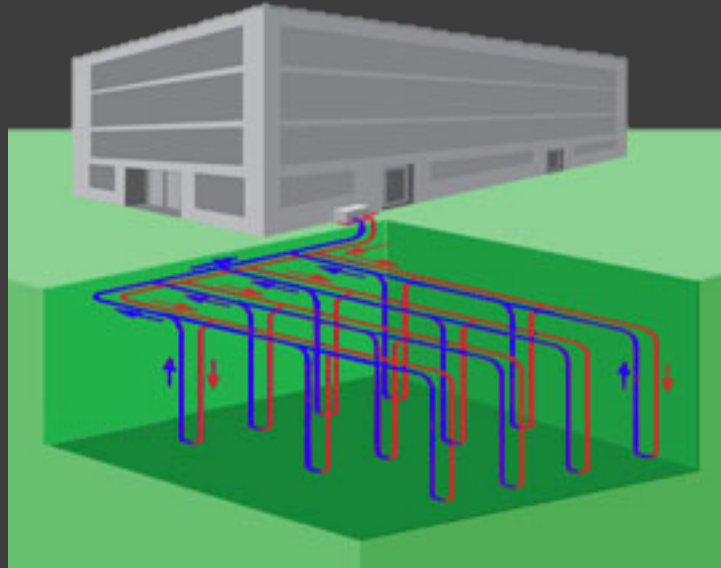
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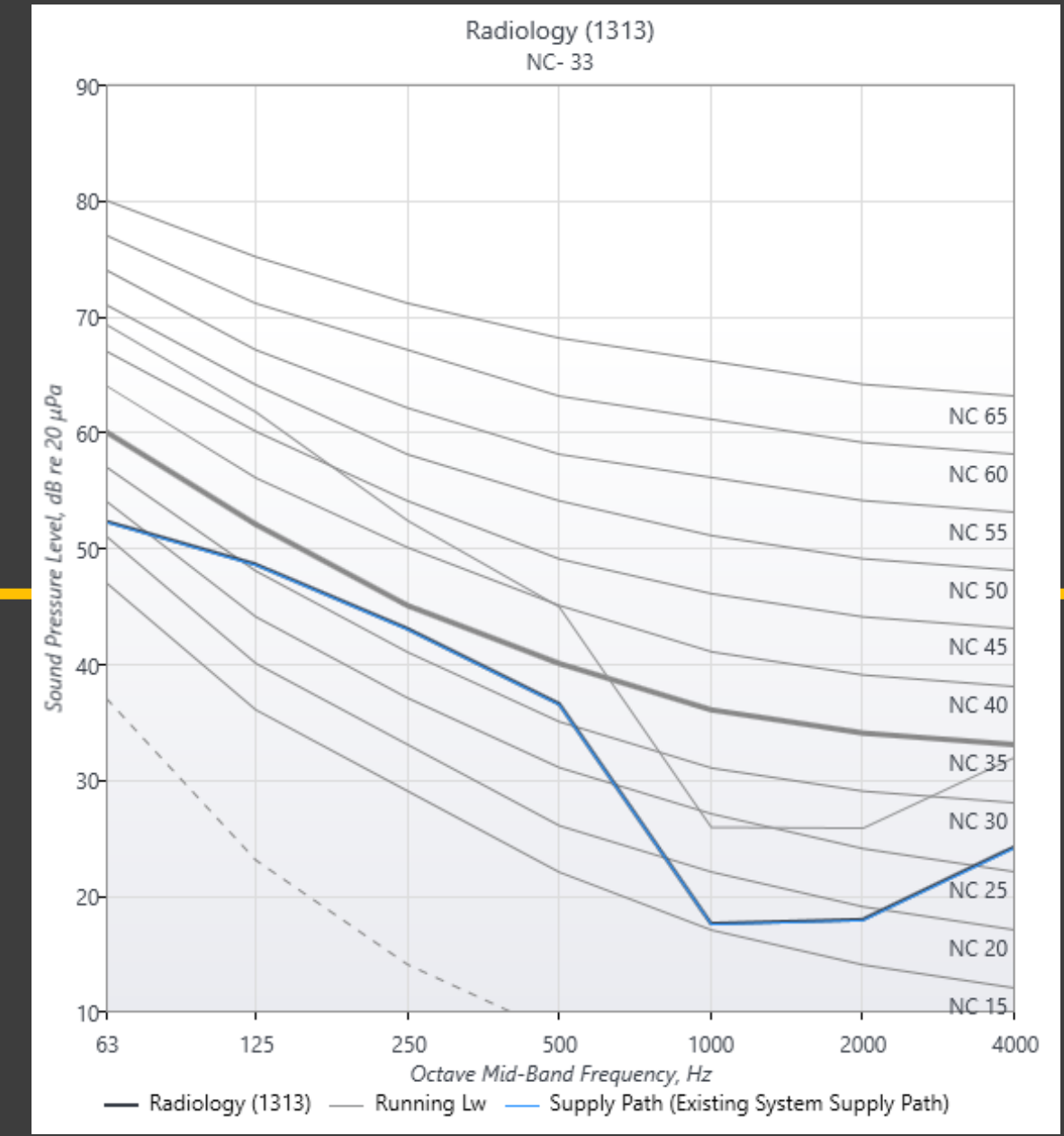
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Alternative 2:

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Acoustical Breadth

Existing System

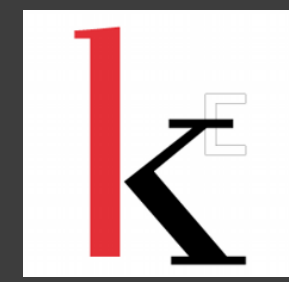
Alternative 1: RTU WSHP

Alternative 2: DOAS + Heat Pumps

Conclusion



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Friends



Family



Acknowledgements